

FIELD DAY PROGRAM

DAY 1 (FIELD + 1500m Timed Final) – Order of Events:

TIME – approx.	AGE	FIELD EVENT	AGE	TRACK EVENT
9:15am	Junior	☐ 3. Boys Shot Put ☐ 4. Girls Shot Put	Junior	☐ 1. Boys 1500m Run ☐ 2. Girls 1500m Run
	11 Years	☐ 5. Boys Long Jump ☐ 6. Girls Long Jump	~ Any student participating in both <u>Junior 800m</u> and <u>Junior Shot-Put</u> must compete in 800m first then head straight over to the shot-put field when finished	
	Senior	☐ 7. Boys High Jump ☐ 8. Girls High Jump		
11:00am	Junior	☐ 11. Boys High Jump ☐ 12. Girls High Jump	11years	☐ 9. Boys 1500m Run ☐ 10. Girls 1500m Run
	11 Years	☐ 13. Boys Shot Put ☐ 14. Girls Shot Put	~ Any student participating in both <u>11 Years 800m</u> and <u>11 Years Shot-Put</u> must compete in 800m first then head straight over to the shot-put field when finished	
	Senior	☐ 15. Boys Long Jump ☐ 16. Girls Long Jump		
12:30pm	Junior	☐ 19. Boys Long Jump ☐ 20. Girls Long Jump	Senior	☐ 17. Boys 1500m Run ☐ 18. Girls 1500m Run
	11 Years	☐ 21. Boys High Jump ☐ 22. Girls High Jump	~ Any student participating in both <u>Senior 800m</u> and <u>Senior Shot-Put</u> must compete in 800m first then head straight over to the shot-put field when finished	
	Senior	☐ 23. Boys Shot Put ☐ 24. Girls Shot Put		

TRACK DAY PROGRAM

DAY 2 (Track + 800m Timed Finals) - Order of Events:

Heats:

☐	25	Boys 8-10 Year 200 metre Dash	HEAT
☐	26	Girls 8-10 Year 200 metre Dash	HEAT
☐	27	Boys 11 Year 200 metre Dash	HEAT
☐	28	Girls 11 Year 200 metre Dash	HEAT
☐	29	Boys 12-13 Year 200 metre Dash	HEAT
☐	30	Girls 12-13 Year 200 metre Dash	HEAT
☐	31	Boys 8-10 Year 4x100 metre Relay	HEAT
☐	32	Girls 8-10 Year 4x100 metre Relay	HEAT
☐	33	Boys 11-13 Year 4x100 metre Relay	HEAT
☐	34	Girls 11-13 Year 4x100 metre Relay	HEAT

Timed Finals:

☐	35	Boys 8-10 Year 800 metre	T/FINAL
☐	36	Girls 8-10 Year 800 metre	T/FINAL
☐	37	Boys 11 Year 800 metre	T/FINAL
☐	38	Girls 11 Year 800 metre	T/FINAL
☐	39	Boys 12-13 Year 800 metre	T/FINAL
☐	40	Girls 12-13 Year 800 metre	T/FINAL

Heats:

☐	41	Boys 8 Year 100 metre Dash	HEAT
☐	42	Girls 8 Year 100 metre Dash	HEAT
☐	43	Boys 9 Year 100 metre Dash	HEAT
☐	44	Girls 9 Year 100 metre Dash	HEAT
☐	45	Boys 10 Year 100 metre Dash	HEAT
☐	46	Girls 10 Year 100 metre Dash	HEAT
☐	47	Boys 11 Year 100 metre Dash	HEAT
☐	48	Girls 11 Year 100 metre Dash	HEAT
☐	49	Boys 12 Year 100 metre Dash	HEAT
☐	50	Girls 12 Year 100 metre Dash	HEAT
☐	51	Boys 13 Year 100 metre Dash	HEAT
☐	52	Girls 13 Year 100 metre Dash	HEAT

Finals of events 25-30:

☐	25	Boys 8-10 Year 200 metre Dash	FINAL
☐	26	Girls 8-10 Year 200 metre Dash	FINAL
☐	27	Boys 11 Year 200 metre Dash	FINAL
☐	28	Girls 11 Year 200 metre Dash	FINAL
☐	29	Boys 12-13 Year 200 metre Dash	FINAL
☐	30	Girls 12-13 Year 200 metre Dash	FINAL

LUNCH

Finals of events 41-52:

☐	41	Boys 8 Year 100 metre Dash	FINAL
☐	42	Girls 8 Year 100 metre Dash	FINAL
☐	43	Boys 9 Year 100 metre Dash	FINAL
☐	44	Girls 9 Year 100 metre Dash	FINAL
☐	45	Boys 10 Year 100 metre Dash	FINAL
☐	46	Girls 10 Year 100 metre Dash	FINAL
☐	47	Boys 11 Year 100 metre Dash	FINAL
☐	48	Girls 11 Year 100 metre Dash	FINAL
☐	49	Boys 12 Year 100 metre Dash	FINAL
☐	50	Girls 12 Year 100 metre Dash	FINAL
☐	51	Boys 13 Year 100 metre Dash	FINAL
☐	52	Girls 13 Year 100 metre Dash	FINAL

Finals of events 31-34:

☐	31	Boys 8-10 Year 4x100 metre Relay	FINAL
☐	32	Girls 8-10 Year 4x100 metre Relay	FINAL
☐	33	Boys 11-13 Year 4x100 metre Relay	FINAL
☐	34	Girls 11-13 Year 4x100 metre Relay	FINAL