

MANLY WEST PRIMARY SCHOOL

GRIFFITHS ST BALGOWLAH 2093

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Dear Parents,

This year Manly West Band Camp is being held on **Monday 22 and Tuesday 23 May** at the Sydney Academy of Sport and Recreation, Narrabeen. It has been planned to supplement and extend the work being done in band lessons and it is considered essential for all band members to attend.

The cost of the camp for Intermediate, Concert and Performance Band members is \$370. Full payment must be made in advance of attendance.

The Band camp fee includes:

- eight hours of professional music tuition which includes full band rehearsals and sectional tutorials
- overnight accommodation and food (2 morning teas, lunch, dinner and breakfast)
- bus transport to and from camp and,
- Sports Academy activities on the afternoon of both days

Outdoor activities will include canoeing (Years 5 & 6 only), ropes courses, rock climbing, flying fox and archery led by the trained staff of the Sydney Sports Academy.

In addition to staff from the Sydney Academy of Sport and Recreation, teachers from Manly West will attend the camp on both days and supervise the students on their overnight stay. All Manly West staff members have CPR and emergency care training.

Activities will also be supported by parent volunteers. Yes, we need your help!

Next steps. Please complete and tick off the following before TUESDAY 11 APRIL. Please return all forms to the office except the online medical and consent form for the Office of Sport and Recreation.

Online medical and consent form required by the NSW Government's Office of Sport and Recreation. This must be completed as a requirement before attending. You will need to cut and paste to your browser for the first link and google chrome works best.

https://officeofsport.ungerboeck.com/prod/emc00/register.aspx?eid=Z2RPU0wxOFNhdnVzTTN3c0tMRFYrZz090

Permissions Requests: https://forms.gle/ehdGkPUkzuf8XdEo6

Cabin Requests: https://forms.gle/nxHidC1uApb51CU3A

Parent help request form via SignUp: https://signup.com/go/eHszBUR

Keep this note for packing list and departure arrival times

Arrival

Students are to meet outside the Hall at **7.45am on Monday 22 May** for the bus to Narrabeen (**7.30am for children with medications or special dietary needs – there will be a table at the hall).** Dress in warm, comfortable casual clothing with enclosed shoes suitable for outdoor activities.

Please contact Liz Cotty, Band School Liaison on 0420 596 367 or Nicole Macnicol, Band Coordinator on 0400 401 650 if your child is unwell on the morning of camp as the school office is not attended until after 8.30am.

Return

Buses are expected to return to the school on **Tuesday 23 May by 5.00pm**. Students are to be collected from Griffith Street. Please <u>do not park in the Griffith Street bus zone</u>, as this is where the buses will be parking. Any students who normally attend BASC will be collected by BASC staff unless BASC are advised otherwise by parents.

Parent Help

Each year our Band Camp relies on the generous commitment of parents for their help in setting up and breaking down rehearsal rooms and assisting with the sporting activities offered by the academy. Your time is GREATLY appreciated.

All parents who are assisting with activities will need to have a completed a Working With Children Check. If you have not applied before you can apply through this link https://www.kidsguardian.nsw.gov.au/child-safe-organisations/working-with-children-check

If you already have a WWC number, please take your letter into the office to be sighted together with 100 points of Identification (eg passport, licence). If the school already has your up to date information you do not need to submit it again. If you are not sure please contact the office.

Narrabeen Academy of Sport and Recreation reference links:

Parent/Guardian Information Pack - https://sport.nsw.gov.au/facilities/schools/parent

Packing list: (ALL LABELLED PLEASE! DON'T FORGET TO ATTACH YOUR RIBBONS – WHICH WILL BE SUPPLIED - TO YOUR INSTRUMENT, MUSIC STAND, BACK PACK AND OVERNIGHT BAG)

Your instrument, music and stand will travel with you on the bus. Everything else needs to be packed into **ONE** overnight bag.

Instrument and accessories (please make sure you have spare reeds, cleaning cloths, cork grease, slide oil etc

Music stand

Music folder and two pencils and rubber in a library bag or similar

A nut-free snack for the morning of Day One (we have an early start & morning tea is not until 11.30)

Drink bottle

Lip balm

Covered shoes (covered shoes to be worn at all times outside the cabins and for outside activities)

Spare enclosed shoes that are suitable to get wet (for canoeing kids – they will step into the water while getting into the canoe)

Hat

Rain jacket

Towel

Sleeping bag, single fitted sheet, pillow and pillow case

2 sets of clothing (Years 5 and 6 – extra clothes that can get wet for canoeing) pyjamas

toiletries (including sunscreen)

plastic bag for wet/dirty clothes

Book for quiet reading before lights out (optional), playing cards

Medication, if required, must be labelled with your child's name and given to the teacher prior to departing Manly West. Please supply a bum-bag or similar for asthma and/or anaphylactic medications, together with a copy of the current action plan.

What not to bring:

- X Money (All meals are included)
- X Valuables such as mobile phones, electronic games, iPods

We look forward to a fantastic and fun band camp!

Julie Organ Principal