



Manly West Matters

Respect

Responsibility

Aspire



WEBSITE: <http://www.manlywest-p.schools.nsw.edu.au> EMAIL: manlywest-p.school@det.nsw.edu.au P&C www.manlywestpandc.org.au

Wednesday 3rd March 2021 Term 1 Week 6

Tel: 9948 2257

Fax: 9907 0342

Principal's Message

Diary Dates: 15-26th March - Parent and Caregiver/Teacher interviews. See details Page 2.
15th March 5.30pm - MW Snowsports Team information session. For details, see Page 4.

Gold Awards

Congratulations to Jolie Glas 6S who was our first Gold Award Recipient for 2021.

Congratulations also to our 2021 Silver award recipients, Jonah Gracia, Clara-Ann Tucker and Tess Hutton and to our K-2 and 3-6 Bronze recipients.



Thank you to our Prefect Team and new Sound Monitor Team (pictured right) who managed their first Assembly last week very successfully.



Reading

As part of our Strategic 2021-2024 Improvement Plan, we will be focusing on increasing the reading skills of our students K-6. The teachers are focusing on specific reading initiatives that will assist our students to increase their attainment and growth in these areas across the grades.

For Reading in Kindergarten, teachers are using the Five Aspects of Literacy which include phonics, phonemic awareness, vocabulary, fluency and comprehension in order to help students grow into confident and fluent readers.

In Years 1 and 2, teachers are now focusing on a new Literacy approach embedding encoding and decoding which is explicitly taught through rich texts, high-impact teaching and assessment.

In Years 3-6, teachers are using the Focus on Reading Super Six strategies to support our students with their comprehension. These include making connections, predicting, questioning, monitoring, visualising and summarising.

The Learning Support Team draws upon relevant and reliable data to make evidence-informed decisions and interventions about teaching and learning for supporting students with reading and has also commenced a more reliable way of targeting high potential students as well.

Dismissal Time Changes

From Monday 10th March, **students in Years 4-6 will be dismissed independently at 3.20pm.**

Year 1 and 2 students will continue to be picked up at 3.15pm.

Waste-free Wednesday Initiative

In Term 2, we will be launching a Waste-free Wednesday initiative. For details, see Page 6.

Student News - Congratulations!

Congratulations to Felix Stephens in 5W, who won silver in the individual board race in the NSW State Nippers Championship in Swansea on the weekend. Felix, along with Harvey Collins in 5V, were also in the board relay for team North Steyne that came fourth. Well done Felix and Harvey!



On Monday 1st March, Hamish Day and Harvey Matheson represented Manly West at the Zone District Trials for Cricket. Harvey was successful in this trial and has been invited to attend the Regional Sydney North Cricket Trial at Terrey Hills on Tuesday 16th March.

We also had three students nominate themselves for the Zone District Hockey trials. Due to a lack of numbers, Prescott Williams, Amy Bates and Dexter Berwick have all progressed to the Regional Sydney North Hockey trials automatically. Good luck!



The Zone District Rugby League Trials for Felix Stephens, Henry Costello, Kaia Kumeroa and Tess Pepar are being held this Thursday 4th March. On Wednesday 10th March, there will be the Zone District AFL trials for Hamish Day, Prescott Williams and Matilda King. There are a number of other Stage Three students who will be trialling for various other sports over the next few weeks and months.

Mrs Julie Organ

From the Deputy's Desk

Parent Teacher Interviews

Parent Teacher Interviews will take place from the 15th to the 26th of March 2021.

Bookings will open on **Monday the 8th of March** at 7 am and close on **Friday the 12th of March** at 9:30am. Parent Teacher Interviews will be held in your child's classroom. They are strictly 10 minutes long and we ask you that you please make a meeting for another time with the teacher if you need to.

Please see below for details on how to make your booking.

Selective High School Placement Test

The Selective High School Placement Test for entry into Year 7 in 2022 will take place on Thursday 11th March 2021 at 9am. The test centre for Manly West Public School students is Mackellar Girls High School Campus. Those students involved have received a note from their teacher with further details.

Visit from the Manly Sea Eagles

On Tuesday 2nd March we had some players from the mighty Sea Eagles visit our 3-6 students.

The NRL players spoke to the students about resilience, support, gratitude and living a healthy lifestyle. It was educational and fun for students and teachers alike.



Reminder:

Scripture classes will start tomorrow.

Please return a bike licence form if your child rides a bike or scooter to school.

Mrs Amber Fuller



Manly West Parent/Caregiver Interviews With Teachers



Parent Teacher interviews will be held from 15th - 26th March 2021.

Bookings will open on Monday 8th March at 7am.

Interviews are strictly 10 minutes and spaces are limited. If you require more time with a particular teacher, please arrange a separate meeting by telephoning the school on 9948 2257.

Go to www.schoolinterviews.com.au and enter the code **xt3a5**



1 Enter your details



2 Select the teachers you wish to see



3 Select the appointment times that suit your family best



When you click FINISH your selected bookings will be emailed to you immediately. If you do not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling.

Update your details if the email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders will not be sent home.

Bookings will close on Friday 12th March at 9:30 am.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to www.schoolinterviews.com.au and enter the code and the email address you used when making your bookings.

From the Deputy's Desk

Kindergarten Special Introduction to the Canteen

Kindergarten students visited the canteen for their special introductory morning tea. As of Thursday 4th March, Kindergarten students may visit the canteen at recess and lunch.

At this time of the year, Kindergarten students typically spend most of their recess time eating so we do not encourage Kindergarten visits to the canteen during our recess break. As many students tend to place lunch orders on Friday, we recommend that if you wish your child to have a lunch order that this is organised for a day earlier in the week. Order placement through Flexischools is preferred. These can be placed up until 9am.

For menu and information regarding Flexischools, access the P & C website link.

<https://www.manlywestpandc.org.au/canteen>

Mrs Amber Fuller and I enjoyed helping in the canteen. The apple slinky machine was to be mastered. Thank you to Shona and Yvette, our canteen managers and to Martin and our parent helpers.



Mrs Mwanga and Mrs Fuller supporting our Kindergarten students

K-6 Semester Accounts

Next week the term accounts will be sent home. The following online programs may be listed on your account and can be accessed at school and from home:

Access to these online programs is via computer, tablet or phone.

Mathletics (all students)

Students log-in to access practice and fluency activities, challenge their thinking with problem-solving and reasoning questions, and reward their learning with certificates and points.



Soundwaves (Years 1-6)

In lieu of the traditional Look, Cover, Write Check method of reviewing spelling words at home, students can access Soundwaves online. Students in Years 1-6 progress their spelling through a systematic synthetic phonics and word-study program designed to develop reading, spelling and writing skills.



Wushka (K-2 students)

Wushka is an online library that gives students access to thousands of home readers both levelled and decodable, and includes comprehension questions. This enables us to supplement and support our school home readers.



Typing (Years K-6)

This typing tuition course teaches skills for life and can be used on any device. Focus is on ten finger typing skills and mastery through game play.



Mrs Wendy Mwanga



Manly West Snowsports

**** CALLING FOR NEW TEAM MEMBERS FOR 2021****



The Manly West Snowsports team is looking for more mini-shredders to join us in 2021!!

The team is open to skiers and snowboarders to kids across all school years (K-6), and all abilities – whether you're a beginner, intermediate or advanced. All you need is to love the snow and be prepared to have some fun with your school mates!

In 2021 Manly West will be competing in the Northern NSW/Qld interschools races, being held at Perisher, from **28 June to 2 July 2021**.

If you're keen to be a part of the Snowsports team next year (or just interested to find out more) we will be holding an information session via Zoom on **Monday 15th March at 5.30pm** (a link will be provided closer to the date). You can also contact us directly (brian.vowels@capricorn.coop, 0412 817 918) or through the Facebook group 'Manly West Snowsports Team'.



Clean Up  Day
SUNDAY 7 MARCH



At Manly West we participate in the annual 'Clean Up Australia' School Day!

This will take place on Friday 5th March.

Students are encouraged to bring gardening gloves or tongs to collect rubbish around the school.

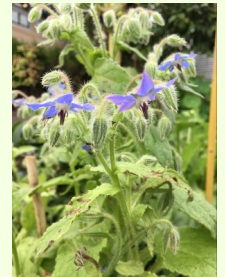
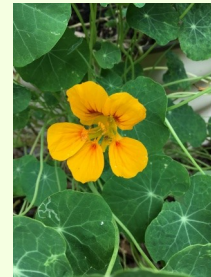
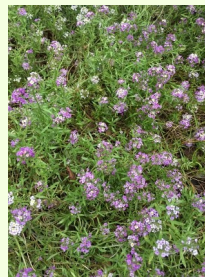
You might like to participate in the community event on Sunday 7th March too.

Kitchen Garden News

In the Kitchen Garden this week...

Year 3

Year 3 are investigating flowers this week and learning about the role of pollinators in a Kitchen Garden. They will also taste lemon balm and learn how it can be used to flavour drinks.



Clean up Australia Day for schools is on Friday 5th March.

Help us to keep our school looking beautiful by removing any soft plastic packaging from snacks at home (so it can be recycled at REDcycle bins at Coles & Woolworths), and send in naked food in labelled reusable containers. Watch out for more information to help you do this on Waste-free Wednesdays.

Another way to help is make sure all drink containers and lunch boxes are labelled with your child's name and class so they can be returned to you if they are left in the playground.

Composting and worm farming course

To help you on your waste reduction journey, learn how to compost or worm farm in this course at Kimbriki Ecohouse.

Saturday 31st July, 1pm-3pm – Composting and Worms Family Workshop NB Residents only – \$50 per family
<https://kimbriki.com.au/eco-house-and-garden/learn/>

Volunteer to help

Please sign up to help look after our beautiful Kitchen Garden. We always need volunteers to help water the garden and turn the compost.

<https://www.manlywestpandc.org.au/kitchen-garden>

If you would like to bring kitchen scraps to school to add to the school compost bins you must be signed up at least twice per term.

Regards,

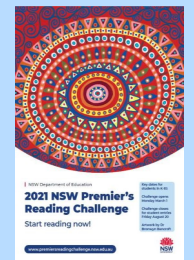
Angie Penn and Beth Dowdle

Library News

The **2021 NSW Premier's Reading Challenge** has opened! The PRC aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read and to read more widely. We have been asked to delay signing in until further notice, but that should not stop anyone from *READING!*

Here is a short explanation of the PRC and how it is run at Manly West:

- **K - 2 students** can be read to or read independently **30** books from the official PRC list to complete the Challenge. These children will *automatically* complete the Challenge, due to classroom and specialist teachers reading to them throughout the year. However, if you want to encourage your child to read as a family or on their own, parents can help log their books online for additional prizes.
- **Students in Years 3 – 6** must read **20** books from the PRC list independently, log their books online and print out their reading log to hand in. I will be teaching Year 3 students how to do this during their library lessons, and those in Years 4 – 6 should remember how to do this. If not, just ask!
- **All students** can read 5 books of their choice (titles not on the PRC book list).
- **All students** who complete the PRC independently, must print out their reading log and hand it into the library **before or no later than Friday, August 20th, 2021** to receive their prizes at school and a certificate from the Premier (which comes in Term 4).
- **Prizes** for independent completion are an **ASPIRE** card, a bookmark, your name on a special sticker displayed on the PRC Wall of Fame and a certificate signed by the Premier. There is a special **GOLD** certificate for those who complete the PRC 4 years in a row, and a **PLATINUM** certificate for students who complete the Challenge all 7 years of K – 6!
- For more information, rules and reading lists, head to the following website:
<https://online.det.nsw.edu.au/prc/home.html>. But be aware there might be delays until their website is fixed. If you have any questions, please do not hesitate to ask.



Happy Reading!
Mrs Ellen Swick
Teacher Librarian

MANLY WEST'S WAR ON WASTE

WE HAVE EXCITING PLANS AT MANLY WEST TO BECOME A WASTE-FREE SCHOOL!

Lots of initiatives will be rolled out in 2021. Student Waste Warriors are leading the charge but they need your support!

Each week, tips and tricks will be shared in the newsletter to help parents help Manly West be a more sustainable school.

In May 2019, the Manly West waste audit found that 40kg of unsorted waste goes to landfill EVERY DAY.

The students sorted all this rubbish and found that:



56% was organic waste (food and contaminated paper) - which should go in the school compost bins

8% was clean paper – which should go in Manly West's paper recycling bins

9% was soft plastics (chip packets and ziplock bags) - which should go in REDcycle bins at supermarket

16% was hard plastics – which should go in yellow bins

And there were 81 drink containers - which should go to Return & Earn to raise money for the school!

WASTE-FREE WEDNESDAYS
WILL START IN TERM TWO.
STUDENTS WILL BE ASKED TO
BRING A ZERO-WASTE LUNCH
AND THE RED BINS WILL GO
'ON HOLIDAY'.

Benefits include:

- Encouraging healthier foods
- Creating sustainable habits
- Reducing litter around the school
- Cutting waste disposal costs

Food waste, canteen bags and Return & Earn containers can be left at school. All other waste, including uneaten food, will be taken home where it can be sorted and disposed of properly.

NOW is great time to start thinking about what goes into your child's lunchbox and consider healthy, waste-free alternatives.

Waste-free Recipe of the week
from Thrive, p.31

Super Easy Turbo Charged ANZACs

Zoe and Alice Palmer
from Penny Palmer

Preparation Time 10 minutes
Cooking Time 15 minutes
Makes 18 medium biscuits

120g butter
2 tbsp golden syrup
4 tsp water
1 cup oats
1 cup sugar (whatever you have, I prefer brown or raw)
1 cup shredded coconut
1 cup wholemeal plain flour
1 tsp bicarb soda
1/3 cup healthy stuff (I use chia pepitas and sunflower seeds)

Heat oven to 160C fan forced
Melt butter and syrup on medium and when combined add water.
Combine all dry ingredients in a bowl.
Add liquid to bowl and mix.
Roll into balls and place on tray.
Cook 15 minutes.



NEXT WEEK
All about 'nude'
lunchboxes



TINKERTANK

After school program!
We now do pick ups!

NEW LOCATION! NEW BUS!
20-22 Wentworth Street, Manly NSW

www.tinkertank.rocks



A TinkerTank Story:

My name is Alicia and I am an ex-Manly West student, now mentoring at Tinkertank! Tinkertank's after school program gives kids the opportunity to enhance their STEAM skills; skills that are becoming increasingly relevant in everyday life.

For older students, this is excellent preparation for high school and for younger students, it's an incredible opportunity to learn while making friends and having fun! I hope to see more Manly West students at Tinkertank soon! - Alicia King

April Holiday Camps

6th April 2021 – 16th April 2021



Join our Holiday Camps and play soccer indoors on grass

CAMPS FILL FAST, SO BOOK NOW!

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches.
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cruyff Cut', 'Ronaldinho Chop', or learn how to do a 'Rainbow Flick'!
- Each day has a different 'Football Focus'. Tricks, skills and moves relevant to the daily focus will be taught.
- Build your child's confidence and self-belief in a nurturing, and fun environment where they can improve their skillset. This leads to more creative players on the football field.
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football!
- Clean and safe environment where individual needs are catered to.

Check it Out!



The Football Factory | Unit 2, 8 Aquatic Drive, Frenchs Forest | (02) 9972 7766 | thefootballfactory.com.au



STEAM PROMOTES CURIOSITY, INQUIRY, CREATIVITY, EXPLORATION, COLLABORATION AND CRITICAL THINKING IN CHILDREN AHEAD EARLY LEARNING CENTRE



Explore and learn!

Why Steam:

**ENROLMENT
NOW
AVAILABLE**

- Extracurricular Activities - Yoga/Sports/Dance
- On-site Undercover Parking
- Different Fun Learning Activities
- Friendly and Attentive Staff
- Parents access to our app, allowing easy monitoring of child throughout the day
- Nutritious Food Offered
- Only STEAM based Childcare in the Northern Beaches



Sign Up!

Netsetgo Winter Netball Registrations Closing Soon!

Join us for our 2021 Winter Competition!
NetSetGo - those turning 7, 8 or 9 in 2021. Modified game. Note you must be in Year 2 minimum

Register NOW!

See www.mosmannetball.com.au
for all details and how to join.



MANLY ROOS JUNIOR RUGBY UNION CLUB

Register for the 2021 season @ roosrugby.com.au



Pick up the ball and run with it, TRY RUGBY

4:30pm Friday March 5th

We welcome boys and girls to our
"TRY RUGBY" afternoon and free sausage sizzle
Keirle Park Clubhouse Pittwater Road, Manly



NORTHERN BEACHES