



MANLY WEST MINI MATTERS WEEK 5 TERM 2 Wednesday 29th May, 2019

WEBSITE: <http://www.manlywest-p.schools.nsw.edu.au> EMAIL: manlywest-p.school@det.nsw.edu.au P&C www.manlywestpandc.org.au

Principal's Message

Diary Dates: Tuesday 4th June - P&C Meeting
Saturday 29th June - P&C Comedy Night

Photos

The school photos taken at the end of Term 1 were sent home today. Please check your child's bag today.

Cross Country Carnival

Thank you to Mr Byrne and Mr Richards for the outstanding organisation of the Manly West Cross Country Carnival last Thursday. Thanks also to Mr Perks for clearing some of the course to make the track safer around the new building. The students hopefully will continue to practise running to consolidate their current fitness levels. Congratulations to all our students and particularly to the first six students in each race who have qualified for the District Carnival – see the list on Page 4.



12th June Interrelate for Years 3 -6 Students and Parents

Interrelate is a professional external program for parents and students to be able to help parents with their sensitive conversations around puberty. This event has been booked and organised by the P&C. Tickets can be purchased through trybooking - see advertisement on Page 10. Please contact the Principal, through the office if there are any financial difficulties. The following sessions are available and will be held in the hall.

12th June 6-7pm Where do I come from? – suitable for Years 3-6

12th June 7:15pm-8:15pm Preparing for Puberty – suitable for Years 5-6.

Band Camp

Congratulations to all the students, staff and tutors for the very successful Band Camp led by Penny Coucill and organised by Nicole Macnicol over the last two days. This preparation will assist the students for their upcoming Eistedfodds and Festivals.

Thrive –Manly West Stephanie Alexander Kitchen Garden Cook Book

The P&C are organising the recipe book called 'Thrive' based on recipes similar to the produce from the Stephanie Alexander Kitchen Garden. It will be available next term but the orders will start this term.

Annual School Report 2018

The 2018 Annual School Report is now published on the school website under the 'About Our School' tab then 'School Planning and Reporting' section. We will also distribute copies at the P&C next Tuesday.

Correction: P&C Election Fundraising

Thank you to the team of Year 6 parents led by Helen Yardley and Marie-Claire Johnston for their outstanding efforts with the Election Day Year 6 fundraiser.

Carpet Cleaning on Saturday

All carpets in the school were professionally cleaned last Saturday.

Student News

Congratulations Jessica Johnston 6G who was named Vice-Captain of the Sydney North Hockey Team competing at the State Championships in June.

Congratulations Yasmin Polley 6L for her selection in the Arts Unit 2019 Combined Primary Drama Ensemble.

Julie Organ

Principal

Manly West PS



IN YOUR COMMUNITY

Georgi Bates | 0409 171 926

Cunninghams

Deputy Principal



This is an initiative of Allergy & Anaphylaxis Australia that aims to raise awareness about food allergy, to help reduce the risk of a reaction for those living with food allergy and to help manage potentially life-threatening emergencies when they happen.

At Manly West, we have a number of students who are allergic or anaphylactic to a variety of foods including nuts, eggs, dairy, seafood, sesame and wheat. We have a no share food policy in place and thank parents and carers for their support by not sending nuts or nut products to school. Staff participate in annual face-to-face Anaphylaxis training.

Dates for 2020 Kindergarten Transition to School 2019

Thursday 31st October 6pm – 7pm Kindergarten Information Evening (for parents)

Wednesday 6th November 9:45am – 11:00am Orientation One

Tuesday 12th November 9:45am -11am Orientation Two (students attend both orientations)

2020

Tuesday 28th January - Friday 31st January Best Start Assessments (45 min session with teacher)

Thursday 30th January - 9:45am -12pm Transition Morning

Monday 3rd February - 9:45am start, 2:30pm finish First Day of the First Week of School for Kindergarten

Tuesday 4th February - Friday 14th February Start the School Day on Regular School Bell - 9:20am start, 2:30pm finish

From Monday 17th February Kindergarten students will start at 9:20am and finish at 3:20pm - regular school hours

Before and After School Care

The school website link below may assist parents while waiting placement at Manly West Before and After School Care (BASC). <https://manlywest-p.schools.nsw.gov.au/supporting-our-students/before-after-school-care/other-external-before-and-after-school-care-options.html>



Mrs Wendy Mwanga

Deputy Principal

Band Camp

Congratulations to all of the students in the Manly West Bands on their dedication to their tutorials and band workshops while at camp. All students displayed excellent behaviour and were fantastic ambassadors for our school. I saw some very tired but happy Training Band faces lining up to get on the bus back to school on Monday. Concert and Performance Band students were excellent role models to our younger students. Mrs Penny Coucill and the tutors do an amazing job with our band students. A huge thank you to Mrs Nicole Macnicol who coordinates this huge event and to the many parent volunteers who assisted in numerous ways to make this a success.



Project Penguin

Year 4 students are looking forward to working with their high school mentors from Mackellar Girls High School tomorrow. This is the first of their project days where they will use the Design Thinking Process to guide them through the development of their projects which will be showcased later in the term. The Design Thinking Process is the overall structure that supports students in creating a successful project. Following a structured process will help them make sure that their solution is a well informed and relevant solution to a clear problem that they have identified.

The 5 Phases of the Design Process are:

- Empathise
- Define
- Ideate
- Prototype
- Test

Each phase is important. In order to design a successful prototype, students need to learn about the Little Penguins and gain an understanding of the threats they face in our local area.

Premier's Sporting Challenge 3-6

Next week, Week 6 is the start of the PSC at Manly West. It will run for 5 weeks in this term and the first 5 weeks of Term 3.

Each student in Years 3-6 will receive a logbook to mark off the amount of exercise they do each week in 20-minute blocks. Exercise can be done at home or at school. The logbook will stay at school so they do not lose it.

Positive Behaviour for Learning - Lost Property

Our focus for the next 2 weeks is to reduce the amount of plastic that goes into our rubbish bins at school. e.g. packing your lunch and recess in reusable plastic containers. Lots of students use reusable plastic containers, however, we have a lot of containers and drink bottles at lost property. We have dedicated students who help to return lost property. Unfortunately a lot of the containers are not labelled with students' names and classes which makes it impossible to return. We would appreciate your support with this by ensuring your child's belongings have their name and class on them.

Miss Catherine Wyles



The PBEL for this week is: **Aspire**

To reduce the amount of plastic that goes into our rubbish bins at school. E:G packing your lunch and recess in reusable plastic containers.



Manly West Cross Country Carnival

Last Thursday, all students from Years 3-6 and a number of Year 2s competed in the annual Manly West Cross Country Carnival. We again held a very successful carnival at our school. The weather was glorious and our runners displayed perseverance, skill and positive attitudes, with great house spirit evident. Everyone who competed must be congratulated for their excellent efforts. We especially enjoyed sitting under our new COLA!

From our school carnival, a squad of 48 students were selected to compete at the Manly District Carnival which will be held next Wednesday 5th June at Curl Curl.



Stephen Byrne, Cross Country Coordinator

Event 1	Place	Name
8/9 yrs Girls	1	Olivia Mealor
	2	Hanna Holmkvist
	3	Bridgette Taudien
	4	Emma Kramer
	5	Carly Neville
	6	Juliet Yardley
	7re-serve	Jessica Silver
	8re-serve	Trinity Perrett
Event 2	Place	Name
8/9 yrs Boys	1	Albie Watt
	2	Felix Stephens
	3	Henry Whitehead
	4	Lucas Silver
	5	Samuel Glas
	6	Banjo Kirkham
	7re-serve	Thomas Dalton
	8re-serve	Owen Thwaites
Event 3	Place	Name
10 yrs Girls	1	Talia Black-Berryman
	2	Charlotte Walker
	3	Summer Opadchy
	4	Tayah Rubes
	5	Alyssa McClarnon
	6	Ella George
	7re-serve	Malvi Hammond
	8re-serve	Emily Coats-Andrews
Event 4	Place	Name
10 yrs Boys	1	Carlito Vesely
	2	Will Davis
	3	Hamish Day
	4	Ben Mooney
	5	Harvey Matheson
	6	Patrick Barrett
	7re-serve	Bart Oostdijk
	8re-serve	Sully Grell

Event 5	Place	Name
11 yrs Girls	1	Jade Guichon
	2	Freida Kirkham
	3	Bianca Fletcher
	4	Sarah Zeppel
	5	Octavia Williams
	6	Jarra Gooley
	7re-serve	Zoe Burke
	8re-serve	Iris Watt
Event 6	Place	Name
11 yrs Boys	1	Hugh Yiend
	2	Taj Whitbread
	3	Jack Heriot
	4	Nate Mater
	5	Zain Ballesty
	6	Alex Mensdorff-Pouilly
	7re-serve	Eli Mork
	8re-serve	Connor Singleton
Event 7	Place	Name
12/13 yrs Girls	1	Maggie Highnam
	2	Chase Perrett
	3	India Wood
	4	Bella Carter
	5	Jemima Hugman
	6	Erin Butcher
	7re-serve	Aria Eyles
	8re-serve	Luana Da Rocha
Event 8	Place	Name
12/13 yrs Boys	1	Zach Rowland
	2	Taj Ballesty
	3	Karl Holmkvist
	4	Cooper Fenn
	5	Gus Warner
	6	Levi Mulholland
	7re-serve	Alex Johnston
	8re-serve	Kenny Ward



Diary Dates

Thursday 30th May

8:30am Junior PSSA Rugby League training
8:30am Junior PSSA Netball training
8:30am Junior Girls PSSA soccer training
No Primary Assembly
Project Penguin project Day 1

Friday 31st May

8:30am Senior PSSA Rugby League training
8:30am Senior Netball training
8:30am Senior Girls PSSA Soccer training
12:30pm K-2 Assembly
Winter PSSA Round 5

Monday 3rd June

8:30am Senior Boys PSSA Soccer training
8:30am Mixed PSSA Soccer training

Tuesday 4th June

Year 1 Excursion to NSW Schoolhouse Museum of Public Education
7:30pm P&C General Meeting in Library

Wednesday 5th June

Year 1 Excursion to NSW Schoolhouse Museum of Public Education
District Cross Country
Project Penguin project Day 2



Kitchen Garden

In the Kitchen Garden this week...

Year 3 classes are learning the properties of packaging in the "Package it Better" science unit this week & next in preparation for the Gozleme making day later in this term.

War on Waste

5C analysed the results of the Waste Audit last week and are working on video's, plays and news reports to get the message out about how we can reduce our waste here at Manly West. They had lots of fantastic ideas so watch this space!

Top tips - wrap sandwiches (or equivalent) in bees wax wraps or foil instead of single-use plastic. Did you know foil can be recycled? Tell children to bring it home and collect it up until it's the size of a golf ball or larger - it can then go in yellow recycling bins at home.



Workshop - Sunday June 23rd

Have you always wanted to know how to build healthy soil to grow edible plants? Take advantage of the Northern Beaches Council's current offer of a free compost or worm farm to residents, while stocks last! Food waste going into landfill breaks down anaerobically to produce methane and carbon dioxide, both potent greenhouse gases. Learn how to set up your own compost or worm farm in this hands-on workshop to manage food waste from your home and produce the added benefit of free fertiliser for your garden. Have you already got a worm farm or compost at home and don't know how to use it? Tips & tricks and problem solving will be covered too.

<https://www.facebook.com/events/395077061091484/>

Email me angie.penn@unswalumni.com, bookings are essential

In time for Plastic Free July...



Quitting Plastic Workshop - Saturday June 8th

<https://www.northernbeaches.nsw.gov.au/things-to-do/whats-on/quitting-plastic-workshop>

School Compost Bins

If you are bringing kitchen scraps from home to add to our school compost bins you must be signed up to help turn (aerate) the bins. Please note we accept all 'green waste' e.g. fruit or vegetable scraps, egg shells, coffee grounds and tea leaves but no cooked food or bread, and definitely NO PLASTIC BAGS. You also need to BYO 'brown waste' in the form of cardboard or newspaper and add equal quantities (ripped up). Please go to SignUpGenius.com search under my email address angie.penn@unswalumni.com for "Manly West Kitchen Garden" and find the date that suits you. You need to sign up once per term. Any questions just email me.

Thanks,

Angie Penn & Beth Dowdle

Canteen

Canteen Roster for Term 2 2019, Week 6

Monday 3rd June	Tuesday 4th June	Wednesday 5th June
Ignacio Martinic AM Bob Cairns AM Kelly Ducat AM Tanya Fenn PM Jenny Dean PM	Sunshine Estivo AM Susan Thomson AM Denise Imwold PM Caz PM	Kristelle Ware AM VACANCY AM VACANCY PM VACANCY PM
Thursday 6th June	Friday 7th June	Friday PSSA & after school
Lana Squires AM Bob Cairns AM Tony Falzarano PM Mairi Thompson PM	Elize Ward AM Martina Kilgallon AM Ian Stephenson AM Nat Mitchell PM Jacqui Liddicoat PM Jodi Stacker PM	VACANCY VACANCY

The AM shift runs from 9:30am-12pm and the PM shift from 12-2pm.

You can sign up for shifts using SignUp. Just go to the new address <https://www.manlywestpandc.org.au/volunteer> and click on the Volunteer button. SignUp will send you reminders for your chosen day.

You can also contact us by email, canteen@manlywestpandc.org.au, call Shona or Yvette on 9948 2257 or come and see us.

HELP NEEDED

Wednesday morning and afternoon!

Shona and Yvette
Your Canteen Managers



The PBEL for this week is: Aspire

To reduce the amount of plastic that goes into our rubbish bins at school. For example, packing your lunch and recess in reusable plastic containers.



Band News

CONGRATULATIONS to everyone on one of our most successful, productive and seamless Band Camps ever! There will surely be some tired little faces around school today but we hope everyone had a fantastic time sharing a great musical experience and lots of fun with their friends. Band Camp is a huge logistical puzzle that is only successful with the help of many people. Penny and the Band Committee would like to say a HUGE THANK YOU to the teachers who attended – Mr Turner (our teacher liaison), Ms Wyles, Ms Byrd, Ms Lee, Mr Byrne, Ms Peters and visiting teacher Mr Smith. Thank you also to Mrs Organ for your support, to Mr Perks for transport and the office staff for collecting all those forms. To all the AMAZING volunteers, Band Camp is not possible without all of you so thank you to everyone. Some photos will be shared in next week's newsletter.

Upcoming Events:

Wed 12 June, Performance Band: Charlie and the Chocolate Factory Excursion

This year our Performance Band will attend the fantastic musical Charlie and the Chocolate Factory as a reward for their commitment to Band and as part of their musical education. Permission notes will sent home this week.

Northern Beaches Instrumental Festival – All Bands:

Friday 14 June: Intermediate Band 5.00pm-6.30pm and Performance Band 6.40-8.30pm

Friday 21 June: Training Band 5.00-6.30pm and Concert Band 6.40pm- 8.30pm

This a great opportunity for our children to listen to other school bands perform as well. Each band will receive feedback from a guest conductor. Further details will be emailed this week.

Finally, if anyone has contact details that have changed, please email band@manlywestpandc.org.au to advise. The school runs a separate database to us so we are not advised of these changes; they need to be made directly with us.



For Sale

French F Horn single, Jupiter, 18 months old

\$2000

Contact: Kate Strickland 0411 622 110



Uniform Shop

Thursday 6th June

8:45-9:45am

Monday 10th June

2:45-3:45pm



Chook Roster

Saturday 1st June

Melinda Peck

Sunday 2nd June

Alan Roberts



Manly West Before & After School Care

INACTIVE POLICY

- * **To encourage families to release a permanent place that is not currently utilised, but is required in the future** (eg. End of sporting season, maternity leave) an option to become 'Inactive' on the waiting list will be made available. This will enable the relinquished place to be offered to the next child on the waiting list.
- * **Families who nominate to become Inactive will be placed at the top of the waiting list until they request to become Active again.**
- * **When BASC is notified by a parent that they wish to become Active again, the next available place for that session will be offered.**
- * **The next available place offered means the place may not be immediately available when requested.** The waiting list remains fluid and places are reallocated as soon as possible.
- * **Sessions made Inactive must remain so for a minimum period of six weeks.**
- * Priority of Access Guidelines and Session Allocation Guidelines still apply.

CENTRE NEWS

Our incursion program continues this week. Reminder: If possible, we would ask parents to collect their children after 5:30pm on the relevant day.

W/C 27/5 (Week 5)
K-2 Tuesday – Sports Jam
Club 3/4 Thursday – Sports Jam
5/6 Club Monday – Sports Jam

W/C 3/6 (Week 6)
Thursday – Science Fair
Wednesday – Science Fair
Friday – Science Fair

STEAM Room: Get Your Bake On Week! Activities including cookie decorating, rainbow pikelets, fruit salad sticks and milo truffles. The STEAM Room activity is offered to all ages with groups up to 30 children per session.

Reports from our Room Leaders about some of the activities they have planned this week. Note, activities at BASC are based on the likes and interests of the children that attend and are linked to **My Time, Our Place outcomes**.

- **Lauren:** This week in K-2 room we'll be doing butterfly, rainbow, lady bug and DIY pizza craft. 'Go for your life' craft and environmental craft where the children will get to take the craft table outdoors to draw their surroundings will also be offered. Outdoors we'll be playing flag soccer numbers, giant tip, obstacle course, hotdog and oz tag as well as having catching and kicking lessons.
- **Ben:** Get ready to discover your horoscope at the 3/4 room this week, as we research and design personalised star sign art to take home and hang on the wall. We'll also be analysing the results of our 'bread-speriment', a scientific experiment examining mould formations on bread samples from around the school. Engaging with our physical environment, we'll be sharpening our AFL skills with some kicking games and gross motor skills through obstacle course challenges.
- **Aidan:** In 5/6 this week we will be getting the kids to create Jackson Pollock artworks to introduce them to how pattern systems work, as well as get the water colour paints out to make scenic artworks to hang around the room. We will be playing charades as one of our transition games to test the children's non-verbal communication skills and try out a new game called number off. Planned games for outside are Kick Tennis and Volleyball as well as a variation of Golden Child involving the soccer balls.

You can look at the full list of programmed activities and our menus displayed in each room!

Please note we offer time and assistance to do homework every day except when an incursion is programmed or for children in the STEAM room. We encourage homework but do not enforce.



What's on . . .

MANLY
WEST
P+C

LET'S KEEP MANLY WEST THE BEST!

GENERAL MEETING

TUESDAY 4TH JUNE 2019
7.30PM
SCHOOL LIBRARY

ALL WELCOME TO ATTEND
JOIN THE P&C ON THE NIGHT FOR JUST \$1.

www.manlywestpandc.org.au



The Manly West Kitchen Garden Cookbook

**Filled with over 100 recipes,
inspiration, photos and more..!**

Order now

\$30

Delivery mid-August

Order now via FLEXISCHOOLS

Contact carolynjmiles@gmail.com

When kids ask "the" questions...
Interrelate has the answers!

With over 90 years' experience
 **interrelate**
handles these delicate issues with
sensitivity, openness and humour

Wednesday, 12 June 2019
MWPS Hall

WHERE DID I COME FROM?

Session 1
6:00pm—7:00pm
Suitable for students in Years 3-6

PREPARING FOR PUBERTY

Session 2
7:15pm—8:15pm
Suitable for students in Years 5 and 6
(Years 3 and 4 may attend at parent's discretion)

TICKET PRICES ARE PER FAMILY
\$32 FOR ONE SESSION OR \$37 FOR TWO SESSIONS
WWW.TRYBOOKING.COM/BDALM



 **interrelate**
relationship experts since 1926

MANLY
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MANLY WEST COMEDY FEST



Al Del Bene



Julia Wilson



Tahir Bilgic

SATURDAY 29 JUNE 2019
7PM 'TIL LATE • \$35 PER PERSON
BALGOWLAH RSL, 30/38 ETHEL ST, SEAFORTH

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