



# Manly West Matters

Respect

Responsibility

Aspire



Wednesday 31st July 2019 Term 3, Week 2

Tel: 9948 2257

Fax: 9907 0342

## Principal's Report

### Diary Dates:

Tuesday 13th August 9.30 -10.30am-Parent Maths K-2 Workshop. Details on Page 2.

Thursday 1st August - Launch of P&C Manly West Carnival, K-6 Mufti Day.

Wednesday 21<sup>st</sup> August-Education Week Open Morning 9.30-10.10am and performances until 11.20am.

### K-2 Athletics Carnival postponed to Monday 2<sup>nd</sup> September

Unfortunately due to inclement weather, we made the decision to postpone the K-2 Athletics Carnival until Monday 2<sup>nd</sup> September. Please note this change in your diary dates.

### Canberra /Snow Year 6 Camp

The Year 6 students enjoyed an excellent camp this week at Canberra and the Snowy Mountains. The parliament was in session this week and many of the students were able to observe the Prime Minister and other well-known politicians. Zali Steggall, the Independent Federal Member for Warringah and her team met with our Manly West students.



### Arts Alive Drama Festival

Congratulations to the three Drama Groups who represented Manly West at the Arts Alive Drama Festival at the Concourse Theatre, Chatswood last night. It was a very successful night with outstanding student performances. Thank you to the teachers, Mrs Tinsley, Mrs Cleary, Miss Grattan, Mrs McMaster, Mrs Mold and Miss Higgins for their very creative and age-appropriate drama narratives and adaptations, their spectacular choice of colourful costumes and props and their beautiful presentations.

### Mathematics at Manly West PS

Manly West PS has been fortunate to be selected in the Building Numeracy Leadership program led by the Department of Education Early Action for Success Numeracy initiative. Through this program, Mrs Jenni Milburn and Miss Bignell are guiding all our K-6 teachers to update the Maths programs K-6 to incorporate deeper understanding of mathematics and improved transition of concepts across the school.

### Semester accounts

We remind parents that outstanding accounts for Semester One, especially those activities provided by external providers, need to be paid as soon as possible. If there are financial difficulties, please let the office know as we can organise instalment payments or other alternatives. More details, Page 2.

### Environmentally Friendly – from little things big things grow.

Thank you to our Science and Kitchen Garden teachers, Miss Fairgray, Mrs Dowdle and Mrs Penn who have reminded our students about Plastic-free July and suggested other practices to reduce the amount of plastic at our school. Mrs Dowdle has organised a K-2 environmental performance tomorrow called the Litterbug and Rubber Jellyfish to deepen our students' understanding of the ways we assist our environment.

### Student News

Good luck to Octavia Williams in Year 6 who is representing North Sydney in the U/12 Girls Division 1 NSW Metropolitan Junior Basketball League Grand Final on Sunday.

**Mrs Julie Organ**  
Principal  
Manly West PS



## IN YOUR COMMUNITY

Georgi Bates | 0409 171 926

Cunninghams

## Deputy Principal



Congratulations to the following students for gaining 4 Expectation Cards to receive an Expectation Certificate: *Summer Quinn, Kiarra Hansen, Ava Green, Jonah Whitehorn, and Rafferty Lucas.*

Special Congratulations to *Harley Watts-Conn* for receiving a Bronze Banner.

### Learning Support

In line with Strategic Direction One of our School Plan, Building Strong Foundations in Literacy and Numeracy, the school allocates funds to support students within the classroom and in small withdrawal groups. In 2019, we have drawn on additional funds and currently have five teachers working across the school, providing support to students in Literacy and Numeracy.

Teachers, in consultation with their grade team and supervisor, identify students who could benefit from additional support. Data checkpoint meetings occur each term within our grade meetings and in turn at the Learning Support Meeting. The Learning Support Team reviews the data and allocates resources to meet specific needs. Varying cohorts of students will be targeted for the program throughout the year. Withdrawal programs are generally as an intervention measure and the groups are fluid. When students exit a specific learning program, support will continue within the class program. Their progress will be continually monitored and students may receive additional support during a later intervention period.

### K-2 Maths Workshop for Parents

On Tuesday 13<sup>th</sup> August, from 9:30-10:30am we are holding a Maths Workshop for Parents. The focus of the workshop is Early Numeracy Strategies. It is similar to the workshop presented to K-2 parents last year. K-2 parents are the target audience, however, all parents and carers are welcome to attend. I encourage Kindergarten parents to join us and any parent who has not attended this workshop previously.



The aim of the workshop is to:

- develop a partnership with parents in learning.
- assist parent understanding of the teaching and learning of Mathematics in today's classroom.
- explain the emphasis of mental computation in our syllabus and the strategies students utilise.
- provide an overview of mathematical content, processes and skills taught in each grade –Kindergarten, Year One and Year 2.

The workshop presenters are Nicola Wilson and Kate Walton, K-2 teachers and representatives of the Building Numeracy Leadership Team.

If you plan to attend, please RSVP to the school email address with Maths Parent Workshop in the subject line and your name and grade/s of your child/children at Manly West in the body of the email.

### Years 3-6 Maths Workshop for Parents

If there is parent interest, we would like to hold a workshop for parents of students in Years 3- 6 on Tuesday 10<sup>th</sup> September from 9:30 -10:30am. Teachers will explain the progression of learning and mathematical strategies students use in these grades. The Years 3-6 workshop will be presented by Katie Martz and Mona Johnson who are also members of the Building Numeracy Leadership Team.

If you are interested in attending the Years 3-6 Maths Workshop, please indicate through email by Wednesday 14<sup>th</sup> August. Please insert Maths Parent Workshop in the subject line and your name and grade/s of your child/children at Manly West in the body of the email.

### School Fees

As part of Semester Accounts, parents are asked to pay for various resources to support student learning. Outlined below are some of the programs that are possible through your financial contribution.

Dance Program – Every child at Manly West has the opportunity to learn dance from an external provider, Amber Kriletech. Amber shares her expertise and enthusiasm in weekly dance lessons for a semester each year, culminating in a Dance Expo in odd years as in 2019 and the School Production in even years.

SISA – At the beginning of the year, Kindergarten and Years 1-4 participated in a Social Skills program provided through Sport In Schools Australia (SISA). SISA use specialised equipment to deliver a fun-filled program that encourages sharing, cooperation, trust, adaptability, visual communication, verbal communication and problem solving.

Technology – Contributions are used to update Interactive Whiteboards (IWBs), laptops and iPads when needed and provide laptop trolleys for secure storage. Currently we need to update three classroom IWBs and replace laptops for senior students and iPads in grades across the school.

Creative Arts – This levy supports various classroom activities including art and craft materials and costumes for the Dance Expos.

Kitchen Garden/Science – Year 3 students are involved in the Stephanie Alexander Kitchen Garden Program in Semester One and Year 4 in Semester Two. Contributions through school fees fund Kitchen Garden resources.

**Mrs Wendy Mwanga**

## Deputy Principal



**Expectation Certificate:** Aurnia O'Brien, Sullivan Grell, Emilia O'Neill, Harrison Cairns, Marcus Williams, Ted McGoldrick, Eliana Hobbs

**Bronze Banner:** Seb Karandonis, Brooklyn Maillet

**Silver Banner:** Alva Jordan, Harry Kovacs, Daniel Sands

### **Mufti Day Thursday 1<sup>st</sup> August-Bring a Bar of Chocolate**

A reminder that tomorrow we are having a mufti-day to support the launch of the famous Manly West Carnival. Students are asked to bring a chocolate bar as a donation which will be used for prizes on the chocolate wheel and chocolate grab games. Please ensure your child wears enclosed shoes.

### **Performance Band - Town Hall Monday 5<sup>th</sup> August**

Performance Band have a rehearsal and performance at the Town Hall as part of the Arts Alive Festival next Monday 5th August. Notes were emailed to parents. Please ensure your child has returned the permission note to the Band Box. Students will leave school at 9:30am and return approximately 12pm. We wish Penny and the Performance Band the best of luck and know they will be great ambassadors for our school.

### **SunSmart School - Successful Renewed Application**

Thank you to Laura Worley who has assisted the school to update the Sun Protection Policy and update our status as a SunSmart school. The SunSmart Program is designed to protect children from skin cancer. It supports early childhood education and care services, primary schools and out of school hours services across NSW to develop and implement a best-practice sun protection policy. Our Sun Protection Policy forms part of our Student Wellbeing Policy.

### **School Sport-Years 3-6**

Manly West is fortunate to be supported with our Years 3-6 Program through the Sporting Schools Australian Government Initiative that provides grants to schools. Sporting Schools is a \$200 million Australian Government initiative designed to help schools to increase children's participation in sport, and to connect them with community sporting opportunities. Students who have participated in school sport this year have had the opportunity to be taught by qualified coaches in Soccer, T-Ball, Hockey, Athletics, Netball and AFL.

### **Are You Interested in Teaching Ethics?**

The Ethics program offers children an opportunity to engage in extraordinary conversation and being a Volunteer in the Ethics program is incredibly rewarding. No teaching experience is necessary for this position as the role is more about facilitating discussion. Detailed, age-appropriate lesson plans are provided by Primary Ethics.

Many parents have indicated that they would like their child to attend Ethics classes, however, we do not have enough volunteers to offer classes to all interested students.

Becoming a volunteer Ethics teacher is simple:

- contact Lisa Palmer to find out more, show you how to apply and arrange an interview.
- obtain a police check and complete various paperwork
- attend a two day training course through Primary Ethics ([www.primaryethics.com.au](http://www.primaryethics.com.au))
- teach a 30 minute class each Thursday morning.

Classes take place at the following times:

Years 5 and 6 – 9:20 - 9:50am

Years 3 and 4 – 10:00 -10:30am

K-2 10:40-11:10am

If you or someone you know may be interested, please contact our Manly West Primary Ethics Coordinator (and parent), Lisa Palmer – [palmerlisa@hotmail.co.uk](mailto:palmerlisa@hotmail.co.uk) 0435 001 062.

**Miss Catherine Wyles**

## **The PBEL for this week is: Responsibility**

Be in the correct areas before school, recess and lunch time. Classrooms are out of bounds as there is no supervision unless wet weather.



## Band News

Welcome back to Band for Semester 2! This Semester will be a busy one so please check your emails and the newsletter for all the latest information on what is happening in your band. Penny has asked that ALL students attend all rehearsals unless you are ill. If so please email [band@manlywestpandc.org.au](mailto:band@manlywestpandc.org.au).

### Upcoming Dates:

**Mon 5 Aug, Performance Band, Arts Alive -Town Hall:** Congratulations to the Performance Band who have been selected via audition to perform at Town Hall on Monday night. A reminder that there will be a rehearsal on Monday morning departing school by bus at 9.30am and returning just after 11.30am. The concert commences at 7.00pm and band members should arrive no later than 6.15pm.

**Tue 6 Aug, Band Committee Meeting, Library at 6.30pm:** Any and all who are interested in the band program are welcome to come along as we discuss the semester ahead and how the band program will be shaped for the future. We would love to see some new faces!

**Sun 8 Sept, All Bands, UNSW Bands Competition – UNSW:** Please note this date in your diaries. All bands will play starting with the Training Band from 12.20pm. More details to come via email.

**Tue 17 Sept, Performance Band, Primary Proms – Town Hall:** 7.00pm – more details to come regarding rehearsal and ticket purchases.



## Diary Dates

### Thursday 1st August

P&C Manly West Carnival Launch Mufti Day  
1:15pm SRC Meeting

### Friday 2nd August

8:30am Senior PSSA Rugby League training  
8:30am Senior Netball training  
8:30am Senior Girls PSSA Soccer training  
12.30pm K-2 Assembly  
PSSA Winter Round 10

### Monday 5th August

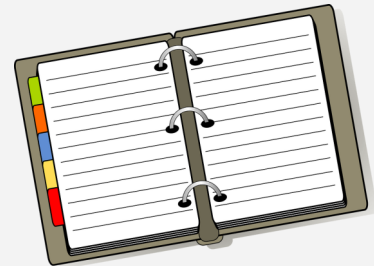
Arts Alive Concert, Performance Band Rehearsal and Performance, Sydney Town Hall

### Tuesday 6th August

Bushlink

### Wednesday 7th August

Stage 3 Science Excursion Selected Students



## Uniform Shop

### Thursday 1st August

8:45am-9:45am

### Monday 5th August

2:45pm-3:45pm



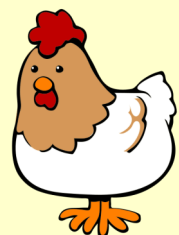
## Chook Roster

### Saturday 3rd August

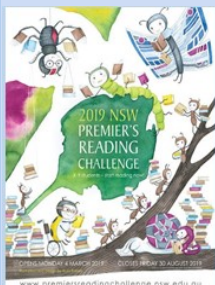
Migliari family

### Sunday 4th August

Alver family



## Library News



Hip, hip hurray for the following amazing readers who have most recently completed the 2019 Premier's Reading Challenge: **Max Murray** (2M), **Trinity Perrett** (2M), **Chloe Press** (1C), **Milla Behrens** (3P), **Octavia Williams** (6M), **Benjamin O'Keeffe** (2C), **Benjamin Cavill** (2W), **Georgia Ball** (6A), **Toby Cavill** (KOrange), **Hamish Barton** (4B), **Molly Del Bene** (2C), **Frankie Hayson** (3B), **Kody Burrows** (3B), **Prescott Williams** (4W), **Alice Wallace** (3B) and **Georgia Clarke** (3P)! **All students have only until August 30<sup>th</sup>, 2019** to read the number of books required for your grade, type in your titles and print out your reading log to submit for your prizes. Students need to log on with their DET user name and password at the Premier's Reading Challenge website <https://online.det.nsw.edu.au/prc/home.html> to submit. The rules and information on how to complete it are also available. **Just one month to go – you've done the reading, just hand in your reading log!**

Thanks to the terrific **Mrs Burke**, we now have a brand new display in the library to announce the 2019 Book Week theme which is **READING IS MY SECRET POWER!** It really is no secret that reading can take you places, fill your mind with knowledge and bring people together. This term highlights the power and enjoyment of reading. Please make note of the following dates of special book events happening this term:

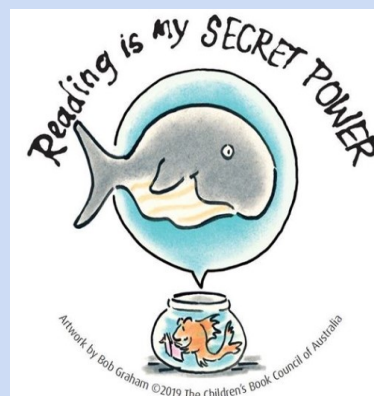
**21<sup>st</sup> August** – On Open Day, there will be library books ready and available for students to donate at our **Book Donation Fair** all morning. Be the first to borrow the library book you donated!

**27<sup>th</sup> August** – '**Big Dreams**' will be performed for all students. The actors will present some of the CBCA Shortlisted picture books in an engaging performance based on the Book Week theme.

**5<sup>th</sup> September** – The **Book Parade** will be held after recess in Week 7! Start planning and gathering your props and costumes to dress up as your favourite book character. Go all out this year as there won't be another parade until 2021!

Happy reading!

**Mrs Ellen Swick**  
**Teacher Librarian**



## Kitchen Garden News

### Year 4

This semester, Year 4 returns to their weekly lessons in the Kitchen Garden. Last week they were refamiliarising themselves with the Kitchen Garden and this week we are looking at sustainability via our Waste Audit results. They will also be doing their Science Unit on Living Things "Feather, Fur and Leaves" this term.

### Waste reduction workshops

There are a wide variety of waste reduction events in support of Plastic-free July organised through the NB council, such as worm farming & composting workshops, and how to make beeswax wraps. Check out this link to find something to suit you

<https://www.northernbeaches.nsw.gov.au/services/rubbish-and-recycling/waste-reduction/waste-reduction-events>

### Volunteers to help turn compost bins

If you would like to bring your kitchen scraps from home to add to our school compost bins, you need to be on the roster to help turn (aerate) the compost bins. Please be aware we do NOT accept any plastic bags, even if they say they are biodegradable or compostable.

Please go to SignUpGenius and search under my email address [angie.penn@unswalumni.com](mailto:angie.penn@unswalumni.com) for "Manly West Kitchen Garden" and sign up for a day that suits you. Any questions or problems email me.

### Edible Gardening Workshop - August 31<sup>st</sup>

Have you always wanted to grow your own food but don't know how? Come along to this course. Cost is \$15 members/\$25 non-members. Bookings are essential.

<http://www.permaculturenorthernbeaches.org.au/event-calendar/2019/edible-gardening-workshop>

### Donations

At Manly West we are continuing our War on Waste! We need donations of old t-shirts to make t-shirt bags for our Carnival in September. Please drop off donations of old t-shirts (that are no longer suitable for donation to charity shops) to the garden shed on Wednesdays & Thursdays.

**Thank you,**  
**Angie Penn and Beth Dowdle**



## Plastic-free July - by the Enviro Club

At Enviro club we were talking about Plastic-free July and discussing ways we have been trying to cut down on the amount of single use plastics in our lunchboxes. We know Plastic-free July is over now, but we wanted to share some of our favourite ideas with you.

These changes are small changes but it's important to remember that from little things, big things grow. If everyone made one small change at home, it could have a big impact collectively.

So how long until it's gone? Did you know plastic bags can take around 10 to 20 years to breakdown? So those individual portion bags of pretzels, chips and tiny teddies bags in our lunch boxes make a lot of waste that takes a long time to decompose.

In EnviroClub, we tried swapping individual portion packs for family packs. For example, we bought large family packs of biscuits and put a couple straight into our lunchbox. Some of us even did some home baking (and got to put in more chocolate chips into our biscuits)!

Or how about those squeeze pouch yoghurts? Did you know the lids are recyclable? If you put the lids back in your lunchbox, you can put the lid in your yellow top recycling bin at home. Unfortunately the pouch is NOT recyclable. How about buying a large 1kg or 2kg tub of yoghurt and putting some in a reusable container? Just make sure your containers are labelled! You could even try making yoghurt yourself in a yoghurt maker.

So Enviro club challenge you and your family to make one small change at home. Remember, from little things, big things grow!

By Luella (3R), Emma (3P), Carly (3P), Juliet (3B) and Ms Fairgray

## Canteen News

**LOTS OF VACANCIES IN TERM 3! Seven this week. See below to sign up.**

**Canteen roster for Term 3 2019, Week 3.**

Monday 5th August	Tuesday 6th August	Wednesday 7th August
Bob Cairns AM	Lorraine Freney AM	VACANCY AM
VACANCY AM	Bronwyn Forbath AM	VACANCY AM
VACANCY PM	Bob Cairns PM	Sasha Berwick PM
Kelly Ducat PM	VACANCY PM	Justine Duncan PM
Thursday 8 August	Friday 9th August	After school
Vicky Stokes AM	VACANCY AM	VACANCY
Nicole Hodgkinson AM	VACANCY AM	VACANCY
Jess Bald PM	Kirsty Pawley PM	
Caroline Miles PM	Emma Wilson PM	

The AM shift runs from 9:30am-12pm and the PM shift from 12-2pm.

You can sign up for shifts using SignUp. Just go to the new address <https://www.manlywestpandc.org.au/volunteer> and click on the Volunteer button. SignUp will send you reminders for your chosen day.

You can also contact us by email, [canteen@manlywestpandc.org.au](mailto:canteen@manlywestpandc.org.au), call Shona or Yvette on 9948 2257 or come and see us.

**HELP NEEDED.**

**Monday, Tuesday, Wednesday and Friday.**

**What's in it?**

The spaghetti bolognese is made here in the Canteen. It has beef mince with onions, garlic, zucchini, mushrooms, carrots, celery, lentils and tomato. We serve it on wholemeal spiral pasta. It is a special on a Wednesday and very popular.

# Manly West Before & After School Care

**GREAT NEWS! The Education & Care Directorate (ECECD) has approved our expansion in sessions from 170 to 210 children this term.**



**Manly West BASC strictly adheres to our Wait List Policy for allocation of sessions from the Wait List. We will email you once a place becomes available for your child.** During the transition to extra places, please be understanding that our priority will be the allocation of places rather than answering enquiries on where your child is on the wait list.

We would also ask that you reply to our offers ASAP whether the session is required, not required or is to be placed on the Inactive List.

## CENTRE NEWS

**STEAM Room – Lights, Camera, Action Week!** Activities including Movie Making, Comic Strips, a dance class with Gabbie, a comedy class and 'The Voice'! The STEAM Room activity is generally offered to all ages with groups up to 30 children per session.

Reports from our rooms about some of the activities planned this week. Note, activities at BASC are based on the likes and interests of the children that attend and are linked to **My Time, Our Place outcomes**.

Lauren: This week in K-2 room we'll be having Lego building challenges, DIY Pokemon cards, DIY puppets with a show, animal facts research, book tracing and arts at the coloured equipment. Outdoors we'll be playing Kick Ball, Continuous Cricket, giant games, kids challenges, Cops and Robbers, Soccer and a team building challenge.

Ben 3/4 Room: The coming week will see a focus on inclusion through a variety of team based outdoor games, as well as 'Many Faces of BASC' collaging craft activity, which will explore the many ethnicities and backgrounds of our extended BASC family. Keep a close eye out for the Manly West Mystery Machine, a vehicle to be built by our bright engineers completely from recycled and found objects from Reverse Garbage.

Aidan 5/6: In our room this week, we will be joining Years 3 & 4 kids in their room while Year 6s are on camp (Mon-Wed). At the end of the week, Anne will be running a cooking class making chocolate Milo Balls, teaching the kids new skills in cooking. We will also be running games of Football Lava Ball and Steal the Keys. Also, we'll be getting out the 'How to Draw' books to learn different drawing styles.

You can look at the full list of programmed activities and our menus displayed in each room!

Please note we offer time and assistance to do homework every day except when an incursion is programmed or for children in the STEAM room. We encourage homework but do not enforce.

## Band News

Welcome back to Band for Semester 2! This Semester will be a busy one so please check your emails and the newsletter for all the latest information on what is happening in your band. Penny has asked that ALL students attend all rehearsals unless you are ill. If so please email [band@manlywestpandc.org.au](mailto:band@manlywestpandc.org.au).

### Upcoming Dates:

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# CAMPBLUE MANLY

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"Camp Blue is not just a vacation care it is an experience that will stay with your child forever"

**SPRING CAMP**  
30th Sept - 4th Oct 2019

CCS Accredited Program  
1:6 Ratio Staff to Campers  
8.00am - 6.00pm option  
Create your own schedule  
Located @ Stella Maris Manly



Art  
Beach Games  
Book Club  
Chess  
Chiefs Good Vibes  
Cooking  
9 Square  
Drama  
Handball  
Hip Hop - Dance  
Makerspace  
Movie Magic  
Mindfulness  
Nature - OLS  
Newsroom Studio  
Photography  
Beach Touch Footy  
Diffo Ball

## A NIGHT WITH THE BLOKES

### TOMORROW MAN WORKSHOP

Join Gus Worland, Triple M's Grill Team + Gotcha4Life founder and Ryder Jack, Tomorrow Man facilitator, for an engaging and impactful two hours of casual and honest conversation exploring where the current man code has taken us and what tomorrow's man might look like.



Gus Worland



Ryder Jack

**When**  
Thu 8th August @ 6.30 - 8.30pm  
Light refreshments served from 6pm

**Where**  
Manly Rugby Football Club, 63 Sydney Rd, Manly

**Who**  
This is a private event by invitation only

This FREE Tomorrow Man event is proudly brought to you by Gotcha4Life, supported by The Penn Foundation and Manly Rugby Football Club.



**we don't just teach drama, we teach life!**

After-school drama classes that will make the world their stage.

10% OFF Term 3 Fees or 25% OFF if your friend joins too!  
(New students only, valid until 9/8/19)

**join a class today**

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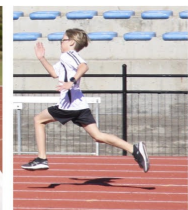
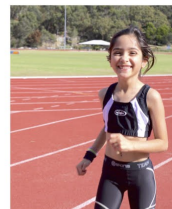
## Ever thought of giving your child PIANO LESSONS?

- ✓ Ages K-6 Classical & Jazz
- ✓ AMEB & Trinity College Examinations Offered
- ✓ Geoff & Lyn Have Taught At Manly West School For Over 10 Years; Each With Over 25 Years Of Teaching Experience
- ✓ Concerts Held Annually In Manly West School Hall
- ✓ Both Before & After School At Either Manly West Or Queenscliff Locations



Fact: piano playing can enhance your child's cognitive and mathematical skills, as well as relieve stress and boost self-esteem.

For enrolments and enquiries, please contact Lyn or Geoff Cumming on 0408 662 040 or 9939 6959



**Seaforth Little Athletics Club**  
2019-2020 Registrations open Aug 1



### Skills, Fitness, Friends and Fun

At SLAC we help athletes reach their full potential in an enjoyable atmosphere, with the experience of specialist coaches across a wide range of activities.

Learn new skills, improve fitness and have fun, whilst making new local friends both from within SLAC and across other local clubs.

Training is held Wednesday evenings at Seaforth Oval, starting from 11th Sept. Competitions are held ON Saturday mornings at the Sydney Academy of Sport. Visit [www.seaforthlac.org](http://www.seaforthlac.org) from 1st Aug to register for the season.

Seaforth Little Athletics [seaforthlac.org](http://seaforthlac.org) \*SLAC is part of Manly Warringah Little Athletics Centre.