



MANLY WEST MINI MATTERS WEEK 1 TERM 4 Thursday 18th October, 2018

WEBSITE: <http://www.manlywest-p.schools.nsw.edu.au> EMAIL: manlywest-p.school@det.nsw.edu.au P&C www.manlywestpandc.org.au

Principal Message

Diary Dates:

Monday 22nd October 7:00pm, Cyber Safety Parent Workshop by Dr Kristy Goodwin.

Tuesday 23rd October 6:30pm Band Information Night

Welcome back!

Welcome back to Term 4. This term is an exceptionally busy term with many significant events. The teachers are sending home class newsletters this week and next. Please check all the details and diary dates indicating any special calendar events for your child's class or grade.



Cyber Safety Session for Year 5 and 6 Students and Parents.

On Monday afternoon, the P&C and school are jointly funding a Cyber Safety Session for Year 5 and 6 students with Dr Kristy Goodwin. She will also present a parent workshop in the evening. Dr Kristy Goodwin is one of Australia's leading digital wellness and digital parenting educators. She is the author of *Raising Your Child in a Digital World*, a speaker and a digital wellness researcher.

Premier's Debating Challenge-Northern Sydney Region

Congratulations to the Year 5 Manly West Gold Debating Team including Rosie Quinn, Lucy Coelho, Charlotte Blenkhorn and Hannah Grant. They won the Regional Semi Finals at Collaroy last term and will now represent the Northern Sydney Region at the State Debating Championships. Congratulations to Rosie Quinn who has also been selected into the NSW State Team. Thank you to Mrs Coningham and Miss Monds for coaching and managing of the team.



Executive Directors Award –Instructional Leaders.

Congratulations to Mrs Jenni Coombes, Mrs Theresa Fuller, Mr Jimmy Richards and Mrs Sara Lind who have recently been awarded the Executive Director's Instructional Leader Award for the programs that they are facilitating at Manly West. Mrs Coombes and Mrs Fuller are leading Literacy and Numeracy with particular emphasis on researched programs and Literacy and Numeracy progressions. Mr Richards is leading the Influential Leader Program including coding and gaming with Year 5 students and Mrs Lind is leading the 'Mechanica' Digital Literacy program with Year 5 and 6 students.

Pedlars' Parade

The Pedlars' Parade K-6 will occur on 8th November on school grounds.

Reminder: No Book Parade next term.

Unfortunately, due to a very crowded calendar in Term 3 and 4, we are not able to host the Book Parade this year.

New Fencing

New fencing was recently installed for the Kindergarten and Year 1 areas for safety reasons and enhancement of school grounds. Thank you to Mr Perks who is building new garden beds to beautify the school and add more seating, greenery and softness around the asphalt areas.

Respect, Responsibility and Aspire –thank you Will for displaying all our expectations!

Congratulations to Will Vanover for his kindness. Will and his mother were the unidentified male student and his mother who stopped the car last term to help an elderly 93 year old lady in Rosedale St, Fairlight by putting away her green waste bins in the garage. We have received a thank you card.

Student News

Congratulations to Zach Davis and Hugh Yiend U10's, Will Davis and Allan Lang U9's for being selected in the UTS Northside Futsal Teams.

Mrs Julie Organ



IN YOUR COMMUNITY
Georgi Bates | 0409 171 926

Cunninghams

Deputy Principal

Swim School Reminders

Swim Scheme continues next week. Our swimmers have been doing an amazing job ensuring they are prepared for swimming. Thank you parents for your support in organising your child to return ready and with a good mindset for Swim School. Reports indicate that students and accompanying staff are sleeping very well. It was wonderful to see so many happy faces during lessons.

Please remember that students who have passes must bring them each day to avoid being charged for pool entry. Due to the changeable weather conditions, please make sure your child has a raincoat packed.



Child Protection

Child Protection Education forms part of all students' learning in Personal Development, Health and Physical Education from Kindergarten to Year 10. This term, students will learn skills in recognising if they could be unsafe and strategies for protecting themselves. Students will receive information so that if faced with a situation of potential abuse, they can react quickly and seek protection effectively. Child Protection Education is organised into three themes appropriate to each stage of learning: Recognising Abuse, Power in Relationships and Protective Strategies. Please see your child's teacher if you require more information about Child Protection Programs.

Reminder Application for Year 7 entry to a selective high school in 2020

If you would like to have your child considered for Year 7 selective high school entry in 2020, you need to apply on the internet using a valid email address (not the student's email address).

Detailed instructions on how to apply online can be found at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

The application website closes on **12th November 2018**. **You must apply before the closing date.**

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after the 9th October 2018.

Miss Catherine Wyles

Diary Dates

Friday 19th October

Year 2 Swim School
12:30pm K-2 Assembly

Monday 22nd October

Year 2 Swim School
Year 5 & 6 Cyber Safety Talk with Dr Kristy Goodwin
7:00pm Cyber Safety Parent Workshop

Tuesday 23rd October

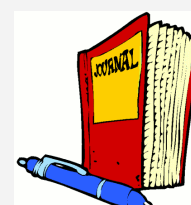
KY & KO Teddy Bears' Picnic at Davidson
Year 2 Swim School
6:30pm Year 2 Band Information Night in school hall
Year 5 Mechanica Author Lance Balchin is visiting Year 5 & 6 students

Wednesday 24th October

KP & KS Teddy Bears' Picnic at Davidson
Year 2 Swim School

Thursday 25th October

KP, KG & KB Teddy Bears' Picnic at Davidson
Year 2 Swim School
7:00pm P&C Traffic Committee Meeting



The PBEL for this week is Respect:

Listen attentively when people are speaking to you.



Deputy Principal

Kindergarten Transition Program

The **Kindergarten Information Evening** for parents of 2019 Kindergarten students is on **Thursday 1st November from 6 -7 pm**. New parents to the school may also like to attend. This is an opportunity for parents to meet the Principal, Deputy Principal and Assistant Principal overseeing Kindergarten, along with our current Kindergarten teachers and key personnel within the school. Parents will hear important information to help prepare prospective Kindergarten students for their transition to school. Parents who have attended this evening in previous years may feel they know our school well and choose not to attend. If this is the case, please ensure you collect your child's information pack from the School Office the following day as important information is enclosed regarding your child's orientation class and the Transition Morning next year.

There are **two Kindergarten Orientation Days** for students:

Orientation One is on **Wednesday 7th November from 9:45 - 11am**.

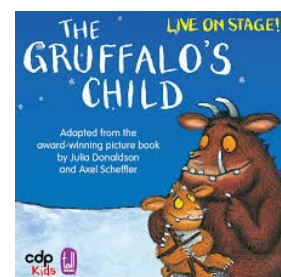
Orientation Two is on **Tuesday 13th November from 9:45 - 11am**.

Students attend both orientation mornings. Once parents have taken their child to their designated orientation classroom, we ask that parents join us in the hall for morning tea, a brief presentation and Q & A time during the first orientation. During the second orientation, we suggest that parents take their child to their orientation class and then leave the school grounds, returning just before 11am to collect their child. This is to simulate the procedures of a school day - 'drop off' and 'pick up'.

Year 1 Excursion to Glen St Theatre

Today, Year 1 visited Glen Street Theatre to watch the theatre production of 'The Gruffalo's Child' based on the award-winning picture book by Julia Donaldson and Axel Scheffler. This complements their study of narratives and Creative Arts.

Lili Singleton's dad beamed with delight, "It was awesome".



Kindergarten Teddy Bears' Picnic

Next week, Kindergarten students will be travelling to Davidson Park at Roseville for a Teddy Bears' Picnic. The day's program is run by the Gibberagong Environmental Education Centre to complement Kindergarten's Science and Geography programs.

A reminder that Kindergarten students need to be at lines at **9:00am** for roll call. The buses will be leaving school at **9:20am** sharp and return to school by 3:00 pm.



K-Orange and K-Yellow will be attending the excursion on Tuesday 23rd October.

K-Red and K-Silver will be attending on Wednesday 24th October.

K-Purple, K-Green and K-Blue will be attending on Thursday 25th October.

Additional information is available for parents in the permission note sent home last term. These notes are available on the School Website under the School Notes tab.

KO and KY

https://manlywest-p.schools.nsw.gov.au/content/dam/doe/sws/schools/m/manlywest-p/school-notes/kindy/KO_and_KY_23_Oct_Teddy_Bears_Picnic_Excursion_Note_2018.pdf

KR and KS

https://manlywest-p.schools.nsw.gov.au/content/dam/doe/sws/schools/m/manlywest-p/school-notes/kindy/KR_and_KS_24_Oct_Teddy_Bears_Picnic_Excursion_Note_2018.pdf

KB, KG and KP

https://manlywest-p.schools.nsw.gov.au/content/dam/doe/sws/schools/m/manlywest-p/school-notes/kindy/KB_KG_KP_25_Oct_Teddy_Bears_Picnic_Excursion_Note_2018.pdf

Mrs Wendy Mwanga

Kitchen Garden News

4J had great fun making terrariums in the Kitchen Garden. A terrarium is a sealable glass jar containing soil and plants. It is easily opened for maintenance to access the plants inside. Terrariums are often kept as ornamental items.



Canteen

Canteen roster for Term 4 2018, Week 2

Monday 22nd October

Ignacio Martinic	AM
Anne	AM
VACANCY	AM
Tanya Fenn	PM
Jenny Dean	PM

Tuesday 23rd October

Sunshine Estivo	AM
VACANCY	AM
VACANCY	AM
VACANCY	PM
VACANCY	PM

Wednesday 24th October

Glenys Motler	AM
Tiane Olive	AM
Bob Cairns	AM
Jen Bradley	PM
Caz Thompson	PM

Thursday 25 October

Lana Squires	AM
Alison Gracia	AM
VACANCY	AM
Anna Manchee	PM
Tony Falzarano	PM

Friday 26 October

Sarah Hadnam	AM
Sandra Shepherd	AM
Ian Stephenson	AM
VACANCY	AM
Natalie Mitchell	PM
Jacqui Liddicoat	PM
Jodi Stacker	PM

Friday PSSA and after school

VACANCY
VACANCY



The AM shift runs from 9.30am-12pm, and the PM shift from 12-2pm.

You can sign up for shifts using SignUp. Just go to the new address <https://www.manlywestpandc.org.au/volunteer> and click on the Volunteer button. SignUp will send you reminders for your chosen day

You can also contact us by email mwcanteen1@gmail.com, call Shona or Yvette on 9948 2257 or come and see us.

NEW MENU ITEM

We have replaced the Pasta Stroganoff with a new item, Chicken Fried Rice. This is made by Good Food Heroes and is available everyday.

HELP NEEDED

Tuesday 23rd October morning or afternoon or even for an hour if you have some spare time!

We look forward to seeing you soon!

Before and After School Care

Welcome back for Term 4!

CENTRE NEWS

Reports from our Room Leaders about some of the activities this week –

- ♦ Lauren: This week in the K-2 Room we will create with Playdough, Kinetic Sand and Hama beads as well as doing lots of holiday drawing and floor play. Outdoors we will hopefully get the chance to play some group games such as Survivor, Red Light Green Light and a mini game of Soccer.
- ♦ Ben & Felix 3/4 Club: This week we will be discussing holiday activities and creating a wall display from the results, making a GIANT sized BASC display using Hama Beads, encouraging creativity through dance choreography and designing external activity forms for those who need them. In outside play we'll be playing a game of Capture the Teddy and some modified cricket games.
- ♦ Annette 5/6 Room: We'll be doing lots of hands on craft to ease back into the school term. We'll do C alligraphy, Hama Beads and clay sculptures. We'll play card games and Scategories. Outside it'll be Fumbles, Cricket and Steal the Bacon.



You can look at the full list of programmed activities and our menus displayed in each room!

Band News

BAND NEWS

Welcome back to Band for Term 4. This term we say farewell to our outgoing Year 6 Performance Band members and welcome our new Training Band. It is a busy term so make sure you read your emails so you know what is going on.

ATTENTION YEAR 2 & OTHERS INTERESTED IN JOINING BAND IN 2019:

Come and find out what Band is all about in the Hall on **Tuesday 23rd October at 6:30pm**. We will have the Performance Band there to wow you with their abilities and to demonstrate their individual instruments so you can find out more about what your child might like to play. Please bring your child to this event.

BAND COMMITTEE MEETING, MONDAY 29th OCTOBER, 6:30PM IN THE LIBRARY:

This term's Committee meeting date has changed so please amend your diaries if you are interested in coming along. We'd love to see some new faces and welcome all.

SCHOOLS SHOWCASE, WARRINGAH MALL, TUESDAY 30th OCTOBER AT 1:00PM,

CONCERT AND PERFORMANCE BANDS:

The students will travel by bus to the Mall for this excursion. Parents /Carers, grandparents, friends etc are invited to come and watch our performers. The event is held on the stage in the Level 1 food court at Warringah Mall.



Congratulations
Penny and
Concert Band!



Notice of Motion

56th Parliament of New South Wales

Motion no. 3400

That this House:

1. Recognises the efforts of Manly West Concert Band in winning the Battle of the Bands competition for the third year in a row.
2. Commends the band director Penny Council for her leadership and for encouraging the self-discipline, teamwork and confidence that is developed by students through their involvement in the band.
3. Thanks the staff and parents for their support of the band and for valuing the joy of playing a musical instrument.

Notice given 18 September 2018 by James Griffin MP

James Griffin MP
Member for Manly

Chook Roster

Saturday 20th October

Fighera family

Sunday 21st October

Fighera family



Uniform Shop

Monday 22nd October

2:45-3:45pm

Thursday 25th October

8:45-9:45am

Natalya Hansson
Ph: 0403 806 339



CANTEEN PRICE INCREASES**SEPTEMBER 2018****COLD ITEMS**

Quelch	\$0.80
Pineapple rings	\$0.80
Frozen juice cups	\$0.80
Slushies	\$2.50

**SNACK ITEMS**

Bouncy balls	\$1.00
Fingerbun	\$1.50
Crackers (6)	\$0.50
Carrots (5)	\$0.50
Breadsticks (1)	\$0.20
GF Arrowroot(1)	\$0.40
Popcorn	\$1.20

**RECESS**

Pizza sub	\$1.50
Other recess items like garlic bread	\$1.50

**MAIN COURSES**

Tuna sandwich	\$4.00
Egg Sandwich	\$4.00
Add egg or Tuna to salad	\$1.00
Gluten free Beef lasagna	\$5.50
Bolognese	\$5.50
Butter Chicken	\$5.50
Good Food Hero	\$5.50
Spinach Ricotta	\$3.50

SYDNEY
ACADEMY OF CHESS**Level 1 30A George St, Burwood 2134**

Office: (02) 9745 1170

CHESS!!

Learn to be a chess champion! Coaching for students at Manly West Public School is held on Thursdays from 8:00am to 9:00am, starting on 18 October 2018.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

MW P&C Committee Meeting dates Term 4

Come along to a committee meeting to help keep
Manly West the Best.

Thu 25 Oct	Traffic Committee 7pm New BASC (Years 3-4 room)
Mon 29 Oct	Band Committee Meeting at 6.30pm School Library
Tue 30 Oct	BASC Committee Meeting 6.30pm New BASC (Years 3-4 room)
Wed 31 Oct	Uniform Committee Meeting 7.30pm New BASC (Years 3-4 room)
Thu 1 Nov	Environment Committee 7:30pm New BASC (Years 3-4 room)
Mon 5 Nov	Canteen Committee Meeting 7pm New BASC (Years 3-4 room)
Tue 6 Nov	Finance Committee Meeting 7.30pm Old BASC (Years K-2 room)
Tue 20 Nov	P&C General Meeting 7.30pm School Library

More info email admin@manlywestpandc.org.au



BAND Info night

The Manly West band is a rewarding way to:

- learn to play an instrument
- develop self-confidence
- make music as part of a team
- gain self-discipline
- improve music reading skills
- perform in concerts for the school and community

And it's lots of fun (especially band camp!)

6:30pm, Tuesday 23 October

Manly West Band



Are you interested in joining?

Come along to our info night in the hall to find out more about our very successful band program and/or email us.

No previous music experience is necessary and everyone in Y3 and above at Manly West is welcome to join.

Email Nicole Macnicol @ band@manlywestpandc.org.au

If any parents/guardians are interested in getting involved and helping out with the running of our band we would love to hear from you too!

Bilingual kids @Manly West Public School

Speaking two or more languages opens up a world of possibilities, ranging from positive and long-lasting effects to the brain to a better understanding of the world.

Moreover, studying a language brings valuable education, cultural and social opportunities. A kid that learns a second language will:

- Increase his/her confidence
- Improve cognitive skills, logic and mathematical reasoning
- Have a better attention span
- Be more empathetic
- Access better job opportunities in the future
- Become a social butterfly
- Perform higher on test scores

Give your children all of this benefits and more!

Manly West Public School and SpanishMI are offering a convenient and exclusive Spanish class for kids every **Wednesday from 3:30 p.m. - 4:30 p.m. held at 3G room.**

Don't miss the opportunity to expose your children to a second language. You will not regret it!



Term 4 registrations are now open!



Contact:

Alejandra Grillo – 0434403427

www.spanishmi.com.au

info@spanishmi.com.au



Dr JUSTIN
COULSON *presents*



10 THINGS EVERY PARENT NEEDS TO KNOW

Parenting sometimes feels like a 1000 piece jigsaw puzzle – all sky. The struggle of the juggle is taxing parents, and taking its toll on kids. Sometimes it feels like we're all just making it up as we go along.

But there is a positive, compassionate, inspiring way to bring up our children. Based on his new book, 10 Things Every Parent Needs to Know, this presentation by Dr Justin Coulson – one of Australia's leading parenting experts – will bring every parent back to essential keys that get to the heart of raising a happy child and creating a connected family.

FOR THOSE WHO WANT TO LEARN:

- How to deal with the big issues around school, siblings, and screens
- The 3 E's of the MOST EFFECTIVE discipline on the planet
- How to really understand your child
- The best ways to build strong relationships in your family

AN INTERACTIVE SESSION FOR:

- Mums, Dads and anyone who is responsible for the raising of a child.

WHAT CAN I EXPECT IF I PARTICIPATE?

- Solutions to the parenting problems that are driving you crazy
- Effective discipline strategies where you can stop being the drill sergeant
- A better relationship with your children (and other relationships will get better too!)
- Better understanding of your child's emotional world
- A happier home where everyone looks forward to being together



TUESDAY 23rd OCTOBER

7.00pm—9.00pm

Balgowlah Heights Public School

Purchase your ticket through Flexi Schools

www.flexischools.com.au/FM/FM.aspx?t=QuickOrder&uid=bhps&sid=122750

Raising Your Child in a Digital World

WITH
Dr Kristy
GOODWIN



Are you worried about:
cyber safety • digital wellbeing •
social media risks • screen addiction •
techno-tantrums?



Dr Kristy Goodwin is a leading digital parenting educator and will explain all these things and more, including helping you determine how much screen time is healthy and why your child finds it hard to switch off from screens.

PARENT SEMINAR DETAILS

Monday 22nd October 2018

7pm–9pm

Manly West Public School

Parents and carers of children aged 4-12 years old

\$10 per person

www.trybooking.com/YEOK

Proudly presented by



**MANLY
WEST
P+C**

DON'T MISS THE MELBOURNE CUP BECAUSE OF THE SCHOOL RUN



THE PICK UP

2.30 - 3.20 • TUESDAY, 6 NOVEMBER

**JOIN US IN THE HALL TO WATCH THE RACE ON THE
BIG SCREEN AND ENJOY LIGHT REFRESHMENTS
FROM CATERING NORTHERN BEACHES**

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