



Manly West Matters

Respect

Responsibility

Aspire



WEBSITE: <http://www.manlywest-p.schools.nsw.edu.au> EMAIL: manlywest-p.school@det.nsw.edu.au P&C www.manlywestpandc.org.au

Wednesday 21st November, 2018 Term 4, Week 6

Tel: 9948 2257

Fax: 9907 0342

Principal's Report

Diary Dates:

Year 6 Graduation at Manly Golf Club 6:00pm Wednesday 28th November.

Combined Scripture and Volunteers' Thank You Morning Tea in the Bicentennial 11:20am Thursday 29th November.

School Spectacular

There is certainly a lot of excitement for our choir members as they attend their final rehearsals in preparation for the School Spectacular production this coming weekend. We know they will experience an outstanding opportunity with this extraordinary event. Thank you to the teachers Mrs Lutton, Mrs Dowdle and Mrs Johnson for their amazing support.

PSSA Grand Finals

Good Luck Senior & Junior A Boys' Eagle Tag, Junior B Newcombe Ball (mixed) and Junior B Girls' Eagle Tag teams in the Grand Finals on Friday.



Staff News

Mrs Simpson sent her thanks to everyone for the wonderful retirement farewell card, gifts and beautiful sentiments written by students, staff and parents. She and her family were very appreciative and she hopes to visit again in 2019. See Page 7.

Teacher Professional Learning

A number of our current teachers were presented with awards for completion of one and two year programs through the Network of Professional Learning under the guidance of Mrs Vicki Treble. It was a celebratory afternoon at the Manly Surf Club with many guest speakers inspiring and challenging our teachers.



Asset Maintenance

A new roof was installed on the canteen over the weekend and paintwork will be completed over the next 2 weeks.

The foundations of the COLA will commence during the last 2 weeks of term so there will be some disruption in the playground. The COLA is scheduled to be installed over the summer holidays. There will also be external paintwork on the Kindergarten and Year 1 block during this period.



Life Membership P&C

Congratulations to Cath Williams, Darren Wickham, Megan Harries, Kerry King and Sarah Dowse for being honoured as Life Members of the Manly West P&C for their outstanding contributions to Manly West PS. Cath was awarded last night at the P&C meeting by Melina Rohan, the current P&C President for her incredible contributions to Manly West over the last 14 years. See Page 9.

Student News

Congratulations to the following students who have completed the Premier's Reading Challenge 7 years in a row at Manly West: Austin Holley, Summer Lockwood, Eleanor Lucas, Joel Murray, Tara Smith and Poppy Wrublewski (in Italy).

Mrs Julie Organ



IN YOUR COMMUNITY

Georgi Bates | 0409 171 926

Cunninghams

From the Deputy's Desk



Congratulations to the following students for receiving four Expectation Cards to gain an Expectation Certificate: Kiki Parkes, Kahu Slater, Zac Sommers x 2, Sreyaa Karunakaran, Zara Smith, Ines Basoli, Rawiri Nikora, Kai Paradas, Ted Chiplin, Goldie Conway, Chloe Abbott, Summer Quinn,

Juan Mujica Vigil, Holly Adams, Isla Poutney, Juliet Yardley, Hal Hughes x 2, Lili Singleton, Caden Badstue and Hendrix Hansen.

Special Congratulations to Alice Keating, Chloe Abbott, Holly Adams and Isabel Dunford for receiving a Bronze Banner.

Thank You Morning Tea

We would like to thank the valuable contribution our volunteers have made to Manly West this year. This includes our P & C, Reading Tutors, Scripture and Ethics Teachers and Coordinators and the many parents and community members who generously give their time to our school. You are all invited to an informal morning tea with our Principal and staff on Thursday 29th November at 11.20am in the Bicentennial Garden.

Kindergarten (Early Stage One) Transition to Year One (Stage One) 2019

This year we are introducing a transition meeting for parents of our current Kindergarten students to assist you in understanding the experiences your child will engage in as they move to Stage One. Ms Jenni Milburn (current Year One Assistant Principal and Instructional Leader) will hold a meeting in the hall from 9:30 -10:30am on Tuesday 4th December.

Year Two (Stage One) Transition to Year Three (Stage Two) 2019

Later this term, Year Two teachers and Year Three students will host a Transition Meeting for our current Year Two students. Following the meeting, Year Three students will take home a note to share with parents.

Additional Before and After School Care Options

Recently we have added possible options for Before and After School Care to our website.

<https://manlywest-p.schools.nsw.gov.au/supporting-our-students/before-after-school-care/other-external-before-and-after-school-care-options.html>

Safety Alert

For Child Protection reasons, we ask that parents and carers use the toilets located outside the front office, with or without toddlers.

Classes in Scripture and Ethics

Tomorrow, 22nd November is the last lesson for Ethics classes this year. On Thursday 29th November, students attending Special Religious Education (SRE) classes will attend the Combined Christmas Service in the hall. This includes those students who attend Bahai, Catholic and Protestant classes. Students who attend Ethics and Non-Scripture will be supervised in classrooms by Manly West teachers.

9:20 – 10:00am 3-6 Combined Service in the hall

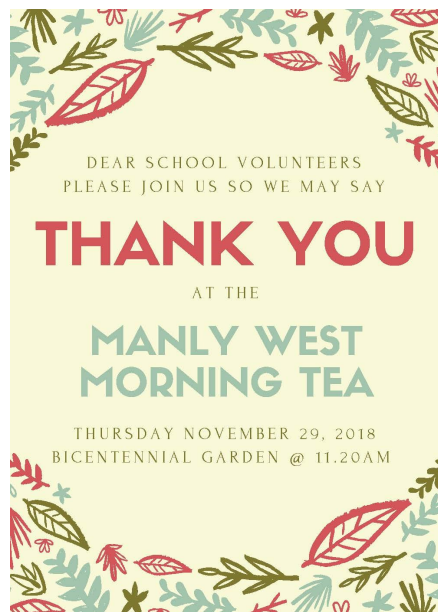
10:20 – 11:00am K-2 Combined Service in the hall

We thank the many Scripture and Ethics teachers who volunteer their time each week for our students. At our special Thank You Morning Tea on Thursday 29th November we will acknowledge their work with our students this year.

Ethics in 2019

We currently provide Ethics to all interested students in Years 2 - 6. We would like to continue this in 2019 and extend Ethics to students in younger grades. To do this we need volunteers. Please consider volunteering or perhaps have an encouraging word to a community member who you think may be interested. For more information regarding teaching Ethics, please contact our Ethics Coordinator, Lisa Palmer on palmerlisa@hotmail.co.uk <https://primaryethics.com.au/>

Mrs Wendy Mwanga



From the Deputy's Desk



Congratulations to the following students for gaining an

Expectation Certificate: Xenia Beck, James Ford, Ethan Washbourne, Scarlett Hennessy x2, Will Procter, Joshua Saadeh, Benjamin Hough, Sabastian Dodds, Scarlett Macnicol, Sarah Martin x3, Elliot Taylor, Alyssa Aulburn, Jack Beverley, Eleanor Lucas, Nick Stacker, Luca Snehor and Zach Pawley.

Bronze Banner: Skyler Foster, Sam Rundle, Nick Stacker, Harry McClarnon, Amelia Abbott.

Silver Banner: Lachlan Holley, Summer Opadchy, Amelie Taudien, Eleanor Lucas, Sarah Martin, Ella Cotton, Zach Pawley.

Presentation Day Assemblies

- Years 3-6 Presentation Day Friday 7th December – 9:30am
- Years 1 & 2 Presentation Day Tuesday 11th December – 9:30am
- Kindergarten Graduation Wednesday 12th December – 9:30am
- Years 3-6 Sports Assembly Thursday 13th December - 9:30am

2019 Student Leadership Roles and Responsibilities

Elections for 2019 School Captains, Prefects and Sport House Captains will take place in the coming weeks. Miss Wyles, Mrs Johnson and the Year 5 teachers will coordinate the election process. For parents who have children entering Year 6, the Student Leadership policy is on our school website. If your child is thinking about nominating for a leadership position we recommend that you read through the policy with your child so that they are aware of the procedures and responsibilities of taking on a leadership role within the school.

<https://manlywest-p.schools.nsw.gov.au/about-our-school/rules-and-policies.html> (pp 16-19)




Role Description:

- Provide a positive role model and leadership to the student body.
- Represent the student body at school and community functions.
- Actively participate in school assembly programs.
- Chair student council meetings with the assistance of the teaching staff as requested.
- Encourage students to take pride in their school.
- Assist any student in need when necessary.
- Willingly help teachers and the community when requested.

Essential Criteria:

Students who hold leadership positions must demonstrate the following consistently.

- Initiative and leadership.
- Ability to speak confidently in public.
- Ability to maintain acceptable standards of work and behaviour in class and school activities.
- Demonstrated school spirit and pride by displaying:

|  RESPECT |  RESPONSIBILITY |  ASPIRE |
|--|--|---|
| Listen and speak in a polite and positive way Share friends, space and equipment Accept and celebrate difference Allow others to learn Care for the people, school, property and the environment | Be a positive role model Do what is right even when it is difficult Be prepared and punctual Be accountable for the choices you make Demonstrate trustworthiness, reliability and helpfulness Wear correct school uniform | Be proud of everyone's achievements Be resilient and bounce back Accept opportunities and challenges Actively take part in your learning Participate in a number of school activities |

The PBEL for this week is : Responsibility

If you do not feel well or have hurt yourself and need to go to sick bay see the teacher on duty first.

From the Deputy's Desk continued:

Agreement:

- All students elected to leadership positions discuss their understanding of the Leadership Code of Conduct with the Principal and their parents. Parents sign that they have discussed the Leadership Code of Conduct with their child
- Elected Captains and Prefects agree to carry out roles and duties responsibly and understand their position and badge may be relinquished failing to follow school rules and selection criteria.
- N.B. The Principal in consultation with the Executive reserves the right to make the final decision in regards to the appointment of candidates and the relinquishing of duties.



School Captains and Prefects Code of Conduct

School Captains and Prefects Selection Procedure:

- To ensure gender equity, 2 girl and 2 boy captains and vice-captains will be elected together with up to 8 (4 boys and 4 girls) prefects.
- **During Term 4**
- Notify school community of election week, role description and the essential criteria for the position sought.
- Role description, essential criteria and agreement will be made explicit to students during the year and prior to the election.
- Students must be made aware that holding a position of captain or prefect is subject to the fulfilment of their roles and responsibilities.
- Year 5 to nominate candidates. Year 5 students may nominate themselves as well as one boy and one girl. This will be done by secret ballot. Nominations will be sent to the Stage 3 Assistant Principal. Teachers may nominate candidates.
- Year 5 students vote to short list candidates to determine the final 20 candidates (10 boys and 10 girls). All Year 5 students will be presented with 2 slips of paper, colour coded for boys and girls. From the names listed, each student votes for two boys and two girls by placing a tick next to the names. Students place their papers in the appropriate ballot box.
- Executive staff view and discuss the nominees to assess whether the candidates meet the essential criteria. Staff input is invited. Short listing is subject to meeting the essential criteria. After approval the final 20 candidates' names (10 boys and 10 girls) are placed on the ballot paper for voting.
- Candidates have 1 hour to write a speech and are supervised by Executive staff members.
- Election speech - speeches (maximum 2 minutes) will be made in the hall after lunch **on the same day** to students in Years 4, 5 and 6. Year 3 will observe the process, but will not vote.
- The role description and selection criteria will be explained to the voters by Executive. Following the speeches, Years 4, 5 and 6 vote on the ballot paper.
- Students in Years 4, 5 and 6 vote for 2 boys and 2 girls by placing ticks next to the candidate's name. Each tick attracts 1 point.
- Staff are invited to vote for 2 boys and 2 girls.
- All papers are collected and sent to the Returning Officer for counting. The Principal and Executive staff will meet to discuss the result.
- The successful candidates will meet with the Principal and Stage 3 Assistant Principal using the interview process.
- The successful candidates will be informed (but their position not disclosed) so that the candidates' parents may be invited to the Presentation Day Assembly when Captains, Vice Captains and Prefects will be announced.
- The role description, essential criteria and agreement will be made available to the parents/caregivers of elected captains following their election.

Miss Catherine Wyles

Kitchen Garden News

In the Kitchen Garden this week...

Year 4 in the Garden

This week, Year 4 students are learning how to make cuttings from existing plants to grow a whole new plant. This is called propagation and we are doing this to grow new lavender plants after the lavender growing in the Kitchen Garden bathtub drowned during the recent rains. This is a fantastic and cheap way to grow new plants and works well for rosemary, thyme, sage and salvia plants amongst others.

Donations

I'm looking for donations of kid-sized gumboots, metal watering cans and large pots for Kindy planting days next week. Please drop off to the garden shed on Wednesday or Thursday or email to arrange another time.

Help Turning the Compost

If you are bringing kitchen scraps from home to add to the school compost bins, you are asked to sign up AT LEAST ONCE per term to help turn/aerate the compost. Please go to SignUp Genius and search via my email address angie.penn@unswalumni.com for "Kitchen Garden Helpers". There are instructions on the website for what you need to do.

You can also email me for details or arrange to meet you in the garden and show you around.

We will also need help watering the garden over the summer holidays and I will be sending out a new roster soon.

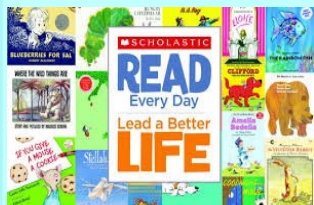
Whole School Working Bee - Sunday 9th Dec 2-4pm

We are asking the whole school community to come and help for a working bee before we break up for the year. Parents and children from all years are asked to come and help for a few hours. We plan to do a big rubbish collection and tidy up of garden beds all over the school. Jobs will be rubbish collection, weeding, and jobs in the Kitchen Garden. Please email to let me know if you can make it, all help is greatly appreciated.

Thanks,
Angie Penn and Beth Dowdle



Library News



The Scholastic Book Club orders have been placed, so we can expect the books to start arriving into classrooms sometime next week. Those that were ordered as gifts will be kept aside and can be picked up from the library before/after school or anytime Wednesdays after you have been contacted. Enormous thanks to **Kerrie & Tim King** who have helped organise, place orders and coordinate delivery for the past several years. They will be leaving us, but they both have made a **HUGE** impact on children's reading. Our library has benefited from the commission from the sales which has allowed us to purchase hundreds of brand new books for all Manly West students and teachers!

Starting this Friday, Lifeline is holding its annual **Giant Book Fair** at St. Augustine's in Brookvale **November 23rd – 25th, 2018**. In addition to a huge range of pre-loved books for all ages, there will be rare and collectable books available on a first in, first served basis. There are also CDs, DVDs and games for sale. Your purchases can provide lots of reading fun plus give someone a much needed lifeline!



There are many parent volunteers at Manly West who have given their time so generously to the library by covering books, reupholstering furniture, organising and delivering book club orders and shelving. Mrs. Burke & I are extremely thankful for your hard work, and we hope you can attend the Thank you Morning Tea on Thursday, 29th November 2018. You have encouraged the love of reading and made the library a special place at our school. Thank you so much!

Happy reading!

Mrs Ellen Swick

Teacher Librarian

Canteen News

Canteen roster for Term 4 2018, week 7

Monday 26th November

| | |
|-----------------------|----|
| Stefanie Zingsheim | AM |
| Bob Cairns | AM |
| Marie-Claire Johnston | AM |
| VACANCY | PM |
| Michelle Fighera | PM |

Tuesday 27th November

| | |
|-----------------|----|
| Arnisa Skrami | AM |
| Tiane Olive | AM |
| VACANCY | AM |
| Natalya Hansson | PM |
| VACANCY | PM |

Wednesday 28th November

| | |
|--------------------|----|
| Claire Poole | AM |
| Kirsten Rock | AM |
| Bob Cairns | AM |
| Laura Newton | PM |
| Genie Graham-Smith | PM |

Thursday 29th November

| | |
|------------------|----|
| Ignacio Martinic | AM |
| VACANCY | AM |
| VACANCY | AM |
| Jan Rowland | PM |
| Kate Mooney | PM |

Friday 30th November

| | |
|----------------|----|
| Audrey Watson | AM |
| Ian Stephenson | AM |
| VACANCY | AM |
| VACANCY | PM |
| VACANCY | PM |
| Alison Gracia | PM |

Friday PSSA and after school

VACANCY
VACANCY

The AM shift runs from 9.30am-12pm, and the PM shift from 12-2pm.

HELP NEEDED

Tuesday afternoon, Thursday morning and Friday afternoon.

You can sign up for shifts using SignUp. Just go to the new address <https://www.manlywestpandc.org.au/volunteer> and click on the Volunteer button. SignUp will send you reminders for your chosen day.

You can also contact us by email mwcanteen1@gmail.com, call Shona or Yvette on 9948 2257 or come and see us.

FLEXISCHOOLS ORDERS

Please make sure you push the CONFIRM button to finalise your lunch order.

We look forward to seeing you soon!

Shona and Yvette



Diary Dates

Thursday 22nd November

6:20-19:30pm Final School Spectacular Full Dress Rehearsal
PSSA Junior B Girls Eagle Tag training
2:20pm Primary Assembly
Year 2 Talent Quest auditions in the Hall all lunch

Friday 23rd November

No PSSA
9:00am Year 6 attend School Spectacular performance
11:00am - 7:30pm School Spectacular Performance
12:30pm K-2 Assembly

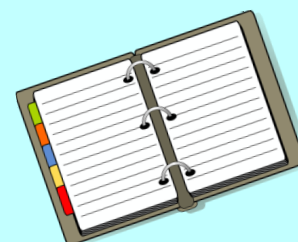
Saturday 24th November

12 noon School Spectacular performance
7:00pm School Spectacular performance

Wednesday 28th November

6:00pm Year 6 Graduation

*** Canteen painting all week**



Uniform Shop

Thursday 22nd November

8:45-9:45am

Monday 26th November

2:45-3:45pm



Chook Roster

Saturday 24th November

Green family

Sunday 25th November

Corn family



Manly West Before & After School Care



JUST A REMINDER THAT MANLY WEST BASC HAS A DEFIBRILLATOR IN THE OLD BASBUILDING AT THE FRONT OF THE ROOM. THIS ROOM IS IN OPERATION OUTSIDE SCHOOL TIMES FROM 7:00AM TO 6:30PM DURING SCHOOL TERMS. THE SCHOOL OFFICE ALSO HAS A DEFIBRILLATOR FOR USE DURING SCHOOL TIME IF THE BASC ROOM CANNOT BE ACCESSED.

CENTRE NEWS

Our incursion program continues this week. Reminder: If possible, we would ask parents to collect their children after 5:30pm on the relevant day.

| | | |
|-------------------------|---|---|
| K-2 Club 3/4 | W/C 19/11 (Week 6) | W/C 26/11 (Week 7) |
| | Friday – Make Me A Rockstar Thursday – Get Wild Urban Wildlife | Friday – Make Me A Rockstar Tuesday – Gym with Go Go Play Friday - Photobooth Friday – Photobooth & Slushies |
| 5/6 Club | Tuesday – Sport with Go Go Play | |

Reports from our Room Leaders about some of the activities this week –

- ♦ Lauren: This week in the K-2 Room we will be creating Mix-Up Reptiles, finishing our 3D Rainbows in Tom's art class, making Treasure Chests and gathering natural elements for our nature inspired collages. Outdoors we will be playing Poison Ball, Cricket, timed soccer drills, Kick Tennis and having a Hand Ball Comp as well as Hula races! Just a reminder, time to do homework is offered every day.
- ♦ Ben & Felix 3/4 Club: This week we will be getting creative with lots of art and performance activities throughout the week. We will be doing some comedic colouring-ins, a large scale continuous canvas painting and a big performance in our new passive play area.
- ♦ Annette 5/6 Room: The skateboard decks we started last week are looking fantastic and finishing touches will be applied this week. We'll also have a Scavenger Hunt, play Kick Tennis and have a Ten and Over card game challenge.

You can look at the full list of programmed activities and our menus displayed in each room!

Helen's Retirement

My retirement day on Thursday 15 November was such a wonderful and memorable experience. I was overwhelmed by the lovely sentiments from the students and teachers at the afternoon school assembly and the number of farewell hugs the students gave me in the playground afterwards had me in tears. And my family was there to see it all which made the day even more special.

A big THANK YOU to the parents, the P&C and the teachers for my lovely gifts; you've been very generous. My house is awash with your beautiful flowers; I will treasure the book of students' words of appreciation and similarly the P&C's lovely words from the parents. I'm looking forward to the Hunter Valley experience you've given me (so is my husband!).

Manly West has indeed always been the best my 27 years. It has been a joy to see your beautiful children, and literally thousands before them, nurtured and cared for by a team of dedicated teachers at Manly West, strongly supported by a motivated P&C team.

I wish everyone the very best for the future and again thank you for being so kind to me.

Helen Simpson
Retired Admin Officer !!



Band News

On Monday our Training and Intermediate Bands visited Arranounbai School to perform a very special concert. Well done to everyone who participated – the music was amazing. Thank you all for working so hard to make it a great success.

Congratulations to our new Training Band for 2019. The band list will be posted on the band notice board tomorrow. You will all be receiving information about tutors, instruments etc in the next few days. For the other bands Penny will have the new band lists ready soon.

Just some reminders for our final dates for the year:

Friday November 30, Final Sectional Tutorials

Monday 3rd December , 6:30pm, End of Year Band Concert – All bands

Parents, carers and siblings please come along and support all four of our bands as they perform a Christmas concert for you all. Students can wear casual clothes with a touch of Christmas.

Friday 7th December, 3-6 Presentation Day, Performance Band

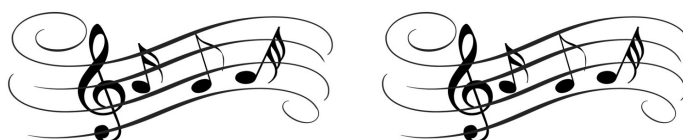
This will be the final opportunity for our senior band to play together at Manly West. All students who hire instruments, with the exception of Training Band should return them after the assembly.

Friday 7th December , Pizza Lunch – All bands

To celebrate another year of wonderful music, students are invited to take part in a pizza lunch in the garden outside the Year 6 classrooms at lunch time.

Tuesday 11th December , 1-2 Presentation Day, Training Band

Training Band will perform at this assembly and then all hired instruments should be returned together with the "Accent on Achievement Book" that was distributed at the beginning of the year



Northern Beaches



Support Group

ADHD Support Australia is a parent-run group, offering support for parents of children/teenagers with ADHD/ASD via monthly speaker evenings.

The group provides a safe & supportive environment to discuss and learn more about ADHD/ASD. Also suitable for adults with ADHD, professionals working with ADHD/ASD or anyone interested in the topic.

Beverley Witherington, Peers Australia

Navigating the social world: Building social skills for teens & young adults with ADHD/Autism & related conditions



Few social skills programs exist for teens/young adults with ADHD/Autism & related conditions. Peers Australia is bringing to Australia an intervention termed PEERS (Programme for the Education & Enrichment of Relational Skills) developed at UCLA by Dr Elizabeth Laugeson & Dr Fred Frankel. PEERS is one of the only evidence-based interventions focusing on optimizing social skills for teens and young adults with social challenges.

At this talk Beverley will give an overview of ecologically valid social skills taught in the PEERS® program, and provide some practical real world strategies for parents/carers to use in a social coaching model with their teens and young adults to improve perspective taking capacities and friendship quality. Teens/young adults (13-29 years) welcome to attend.

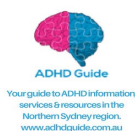
Beverley Witherington, Director of PEERS Australia, PEERS® Certified Instructor & Neuroscientist also holds a Masters in Developmental Science, a Masters in Research, and is completing post graduate studies in Coaching psychology.

Tuesday, 4th December 2018 @ 6.45-8.45pm

Pittwater RSL, The Auditorium, 82 Mona Vale Road, Mona Vale

**\$10 CONTRIBUTION ON THE NIGHT
Ticket reservations essential via the website**

www.northernbeachesadhdsupportgroup.com.au
Email: nbadhdsupportgroup@hotmail.com
Facebook Forum: [ADHDSupportAustralia/](https://www.facebook.com/ADHDSupportAustralia/)
Facebook Page: [ADHDSupportAustralia/](https://www.facebook.com/ADHDSupportAustralia/)
www.instagram.com/gutfulofadhd



Recognising Significant Contribution to the Manly West P&C + Our School Community

It was a great pleasure to award Life Membership of the Manly West P&C Association to parents who have made a significant contribution to our school community over a number of years. The awards were announced last night at the P&C Term 4 General Meeting.

Catherine Williams , Megan Harries, Sarah Dowse, Kerrie King and Darren Wickham were all acknowledged for their dedication to help keeping Manly West the Best. The award was given to people who are leaving our school community at the end of the year having made an outstanding contribution to our school.

Catherine Williams has previously served in the position of Manly West P&C President over a number of years, Megan Harries has served as in various roles including Manly West P&C Secretary and Darren Wickham has chaired the Finance Committee for many years.

The efforts of the recipients of the Life Membership have resulted in our school having a wonderful new oval, the New BASC, Flexischools, a canteen committed to delivering fresh and healthy food to our children each and every day and a greater commitment to ensuring that our children are sun safe.

Taking on a formal role in the P&C is a marvellous way to contribute to your community and I encourage all of you to consider getting more involved with the P&C next year. The P&C Annual General Meeting will be held in March 2019. Keep an eye out for details in the school newsletter. If you would like to know more about what's involved please contact us via our website www.manlywestpandc.org.au or by emailing president@manlywestpandc.org.au.

Melina Rohan
Manly West P&C President 2018



Melina Rohan (left) presenting Catherine Williams with her Life Membership last night.

Events and Fundraising



P&C Contribution

Maths, Literacy and Library

Just TWO WEEKS left to reach OUR GOAL!

The P&C Contribution helps provide **AMAZING QUALITY RESOURCES** that help all MW students.

Please support the funding of these resources and make your P&C Contribution today.

\$37,375.51

CAN WE MAKE IT?

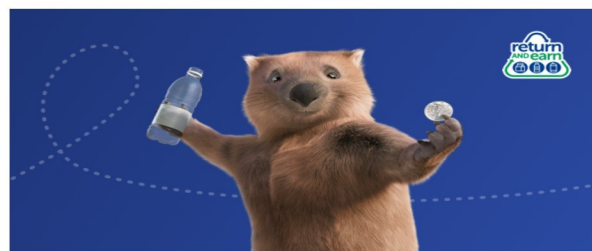


P&C Contribution payments are fully TAX DEDUCTIBLE!

You can make your payment directly from **your child's semester account.**

The recommended amount payable is **\$75 per student or \$150 per family.**

Further information can be found on your **child's semester account email.**



RETURN AND EARN

Coles — 14 Koorala St, Manly Vale
Woolworths — 31 Roseberry St, Balgowlah

**UNTIL SUNDAY
25 NOVEMBER**

**Each item is worth
10 cents!**

Return your bottles, cans and cartons to one of two nominated collection centres and earn some cash for you and the school.

You can choose to **DONATE** proceeds to MW or **COLLECT** the proceeds for yourself or the kids.

You can also **SHARE** the proceeds and split your returns.

DONATE

Choose the **DONATE** option and select **Manly West** and the amount will be added to the MW fundraising account.

COLLECT

Take the receipt to the customer service counter in exchange for cash.

All donations over \$2 are fully tax deductible.

The containers can be made of glass, plastic, aluminium, steel, or liquid paperboard (cartons).

A full list of returnable containers is available on the NSW Government Return and Earn website <https://returnandearn.org.au/how-it-works/containers/>



North Curl Curl Surf Lifesaving Club presents
The 3 Points Challenge
 FUELLED BY TRUE PROTEIN

SAT 01 DEC 2018

EVENT SCHEDULE:

- 8.00am True Paddlers Challenge
- 9.15am True Mile Ocean Swim
- 9.20am Cure Brain Cancer Quarter Mile Ocean Splash
- 10.30am True Protein 3 Points Challenge
- 11.45am Invitational True Dash for Cash
- 12.45pm Hydrothon - Nippers Challenge

Over \$10,000 worth of PRIZES to be WON

For more information and to register, go to: 3PointsChallenge.com.au




Come along for some fitness, fun and games at our
ACRO Dance Holiday Camp
DANCE PLUS

Thursday December 19th
 Friday December 20th
 @ Seaforth Anglican Church
 + January 29th 2019

\$75 per day
 9:30-3:30 Acro Dance Activities
 Extended care available from 8:00-9:30am and 3:30-6pm at no extra cost!

For further information visit
www.seaforthdanceplus.com.au



Marian Street

theatre for young people

Drama Classes


ENROLLING NOW
NEW Glen St Theatre
 9 - 12 years
 Drama Holiday Workshop
 Saturday Classes
 5 - 18 years
 Gordon, Killara, Lindfield

Drama Experts since 1969

Established Drama School - new location

Taught by Industry Professionals

Want to be in the shows? Join the drama school!
www.mstyp.org.au info@mstyp.org.au 9411 1800



Sing · Act · Dance!

perform in a show
January Holiday Camps
Charlotte and The Candy Factory

Manly West Public School
 Monday 7th to Friday 11th January
 Monday 14th to Friday 18th January

EARLY BIRD
 rate expires December 8th
BOOK EARLY
 to avoid missing out!

We give Kids Confidence
 Ages 5 to 13 years 9:00am to 3:00pm
 Before and After Care from 8:00am to 5:30pm Included!!!
 Book online:
www.kidsupfront.com.au
 (02) 9953 4040

kids upfront
 DRAMA ACADEMY





Sing Your Heart Out Holiday Workshops

Singing Workshop for children aged 5 to 12 years.
Sing rock, pop, music theatre!
Learn how to beat box and voice loop!
Become a confident performer!

Highly qualified voice coaches Natasha Cupitt and
Nadia McCarthy make a whole lot of learning, a
whole lot of fun!

**Mon 21st - Wed 23rd January (3 Days) William St
Studios, Fairlight**

For more information and to enrol, call Natasha on
0425 297 827 or visit **SYHO.INFO**

Fun Languages

@ Manly West PS

Educational, affordable and Fun !



ENROLMENTS NOW OPEN FOR 2019!



Play-based language learning with fun activities, craft, drama, music and games!
Experienced, native teachers.
Program designed especially for primary aged children.

Our informal and friendly Language learning clubs provide the best and safest environment for children to develop their self-esteem and self-confidence. The activities in our language classes include storytelling, drama, crafts and many fun songs and games.

LCF Fun Languages lessons are short and focused whole-class lessons, with engaging and stimulating tasks. They contain opportunities for cross-curricular activities, with regular monitoring and assessment of progress.

Children can start with LCF Fun Languages at any age. Our resources are designed so that they can be used for beginners from all age groups.



FRENCH CLUBS

Tuesday and Wednesday
8-9am

Cost is \$200+GST per 8 weeks Term - discounts for >1 family member.
Supported by fantastic fun activities to practise online at Babelzone and Dino Lingo



PLACES ARE LIMITED TO 10 STUDENTS IN EACH CLASS

For more details and to enrol your child
Please call Nathalie Roy 0430 286 590
Or Email nathalie.roy@lcfclubs.com.au - Visit our website: www.lcfclubs.com.au

KIDSCCLASS

**Kids
Brazilian Jiu-Jitsu
(self defence)**

Ages 8-12 years old

Thursdays 3.50pm-4.50pm

\$25 per class

**For interest you can turn up 10 minutes
before class or email manlybjj@gmail.com
or call 0424 980 325**

**We are locate on the heart of Manly
Level 1, 6 The Corso, Manly 2095 Sydney**

If u like ART

1a Powells Rd, Brookvale www.ifulikeart.com

Pre-Xmas School Holiday Art Workshops

Wednesday 12th to Friday 21st December 2018



NEW XMAS ACTIVITIES

Santa, Elf or Reindeer Painting on Wood
Mosaic Xmas Tree or Gingerbread House on Wood
Clay Santa, Elf or Penguin, Sewing Xmas Ornaments
FULL DAY ART DAYS or ART + PLAY DAYS also offered

January Holiday Art Workshops

Wednesday 9th to Friday 25th January 2019



NEW OUTDOOR HOLIDAY ART ACTIVITIES (ages 8+)

Sketching Animals at Taronga Zoo Street Art in Newtown Sketching at Luna Park



FOR AGES 5 TO 16

BOOK EARLY

Contact Daphne
0409 569483

Half and full day
workshops

ART + Jump/Flip Out
ART + Rock Climbing
also offered

FOR FULL DEC & JAN
PROGRAM VISIT
www.ifulikeart.com

Enrolments
now open
Students 5-18 Years



Helen O'Grady Drama 2019

Drama Develops Kids

Classes at Manly Vale Community Centre

At Helen O'Grady Drama Academy, students learn new skills in acting, speech, and creativity as well as gaining confidence. Our unique drama program helps them reach their full potential.

0450 107 367 | www.helenogrady.com.au
sydneyinthbeaches@helenogrady.com.au



MANLY SAILING

Manly Sailing is located at Manly Yacht Club and operates under Australian Sailing teaching methods. We only hire experienced Australian Sailing instructors all of whom have WWCC, and extensive experience teaching children and teenagers of all different abilities. The core objective of our business is to provide safe and progressive teaching to children and teenagers, and offer them skills with endless horizons.

Our Level 1 Term-Time courses are 10 week programs – conducted weekly on either Monday or Wednesdays after school or Saturday Mornings. The first lesson is on Monday the 28th of January. Our focus is to teach children how to sail in a fun but safe environment, giving them the skills and abilities that will enable them to partake in Sailing which is truly a sport for life.

The courses are the ideal way to keep your kids involved in a regular structured sporting activity. The structured scheme runs from 4pm - 6pm on a Monday and Wednesday or 9am - 11am on a Weekend Session and provides sessions for beginners just starting out on their sailing journey.

We are also running 3 day holiday camps in January from 7th-9th, 14th-16th and 21st-23rd.

Please don't hesitate to contact us on (02) 9977 4000 or email at info@manlysailing.com.au you can also book via our website www.manlysailing.com We look forward to seeing some new smiling faces out on the water!



THE DANCE CHALLENGE

I'd Rather Be Dancing

Dates:

6th - 7th April 2019 Ballet and Contemporary Scholarships and Solos

12th - 14th April 2019 Troupes

15th - 18th April 2019 Solos, Duos, Trios, Quartets,

25th May 2019 School Troupes and "Night of Champions"

Venue:

Pittwater House
70 South Creek Road, Collaroy, 2097

2019

Harvey Norman®

BALGOWLAH SUPERSTORE

176-190 Condamine St

02 9949 0100

EXCLUSIVE INVITE - FAMILY & FRIENDS SALE



As a valued member of the Harvey Norman Balgowlah community, we would like to invite you to an exclusive family and friends sale event! One night only, exclusively by invitation only.

DATE: WEDNESDAY 21ST NOVEMBER
TIME: 6PM UNTIL 9PM (store closes at 5pm and reopens at 6pm)
WHERE: Harvey Norman Balgowlah

176-190 Condamine St Balgowlah

OFFER: Harvey Norman Balgowlah exclusive family and friends pricing across electrical, computers, furniture, bedding, bathrooms, flooring and tiles.

Bring this invitation in to receive your exclusive pricing.

HOW: Please RSVP to balgowlah.pccomputers@au.harveynorman.com or

balgowlah.kitchens@au.harveynorman.com

WHO: This invitation is also extended to your friends & family

STRICTLY ONE NIGHT ONLY 6pm - 9pm
(store closes at 5pm and reopens at 6pm)

We respect your privacy. Should you wish to be removed from our mailing list please contact us on 9949 0100 or balgowlah.pccomputers@au.harveynorman.com

* Excludes Agency brands and Apple and cannot be used in conjunction with any other offer