



## MANLY WEST MINI MATTERS WEEK 7 TERM 3 Wednesday 5th September, 2018

WEBSITE: <http://www.manlywest-p.schools.nsw.edu.au> EMAIL: [manlywest-p.school@det.nsw.edu.au](mailto:manlywest-p.school@det.nsw.edu.au) P&C [www.manlywestpandc.org.au](http://www.manlywestpandc.org.au)

### Principal Message

#### Diary Dates:

Tuesday 11th September 7:30pm P&C General meeting  
17-20th September 'Manly West on Broadway' Production K-6

#### James Griffin MP—Member for Manly

James Griffin visited our school last week and joined our 3-6 Assembly. He spoke briefly about the importance of student voice and democracy. Our students presented the Year 6 Canberra and Kosciusko Camp Review and Orla Beacham, Livia Goodland and Amelia Roberts gave a small presentation on the Stephanie Alexander Kitchen Garden. They also showed him our new Street Library and Outdoor Classroom.



#### Happy Support Staff Week!

We are very fortunate at Manly West to have such amazing support staff at our school. This includes our Office staff, General Assistant and Support staff in the classroom –Mrs Franklin, Mrs Simpson, Ms Clarke, Ms Milner, Mrs Daddo, Mrs Johnson, Mr Perks, Mrs Quattroville, Mrs Coad, Mrs Smuts, Ms Geoghegan, Ms Pember, Ms Gunton and Mr Zak Arnot.

The students have made cards and thanked them personally as they greet them daily in their classrooms and office areas. Gratitude combined with the sense of belonging in our school community can improve a positive outlook for our students.



#### Athletics Carnival

Congratulations to all the students who competed at the District level last Wednesday and Thursday. The following students were successful in their selection for the Regional Carnival at Homebush Olympic Stadium on Monday 17<sup>th</sup> September: Zach Rowland, Ollie Nicol, Truth Nathanael, Will Matheson, Talia Black-Berryman, Jade Guichon, Alessandra Rounsley, Octavia Williams, Hanna Holmkvist, Kaia Kumeroa, Chase Perrett, Dylan Swanson and Luke Black. We wish them all the best!

#### Visible Learning

At Manly West, we are encouraging our students to be Visible Learners.

Visible teaching and learning occurs when there is deliberate practice aimed at attaining mastery of the goal, when there is feedback given and sought and when there are active passionate and engaging people (teacher, student, peers) participating in the act of learning.

Essentially it is about students and teachers talking about progress and achievement, showing students what is expected and teachers knowing the impact they are having on student learning.

#### Premier's Spelling Bee

Good luck to Tom Clarke, Grace Kirby, Truth Nathanael and Alyssa Auburn for the Premier's Spelling Bee Finals at Castle Cove next Tuesday.

#### Concert Band

Good luck to the Concert Band this Sunday for the Battle of the Bands.

#### Student News

Congratulations to the two Manly Roos U10s teams who brought home the cup after winning their grade's Grand Final at Mittaggar Reserve in Blacktown on Sunday. Congratulations to Johnny Emmerson, Paddy Furlong, Cubby Evans, Eli Mork and Oliver Newton of the Manly Roos Blues and Gabriel Lucas, Finn Claire, Zain Ballesty, Finley Forbes and Henry Spence of the Manly Roos Reds.

Liam, Gemma and Isla Poutney are very proud of their mum who has just been rated as the top ranked Australian Netball Umpire.

**Mrs Julie Organ**



**IN YOUR COMMUNITY**  
Georgi Bates | 0409 171 926

**Cunninghams**

## Deputy Principal

### Sydney University Student Teachers

This week we welcome six student teachers from Sydney University who are completing a 4 week teaching practicum as part of the Masters of Teaching program. They will visit various classrooms, mainly working with KG, 2W and 4M.

### Parent Contact Details

It is important we have parents' current contact details for communication purposes, particularly in case of student illness. Should your contact details or family situation change, please email the school so these can be updated.

### Safety Requests

Thank you for assisting to keep the gates closed, particularly, the lower Boyle Street gate. We ask that you do not wedge the gate open in the morning or afternoon. Doing so may cause a safety risk for our younger students and toddlers.

Should parents/carers or parents with toddlers need to use the bathroom at school, we ask that you access those in the office area for Child Protection reasons.

We have three standing sand boxes located in the playground. We ask that if parents visit the school on the weekend or after school and use these facilities that they ensure the sandboxes are covered before leaving the grounds.

### School Parking and Kiss and Drop Zones Reminder



### School Absences

Missing school means your child misses out on vital educational information and maintaining learning routines. This can result in a loss of confidence and missing out on forming vital friendships.

Attendance is recorded each day. As a parent or caregiver you are responsible for ensuring your child attends school every day, including sports days unless your child:

- ☐ has an unavoidable medical or dental appointment (preferably these should be made after school or during holidays)
- ☐ is required to attend a recognised religious holiday
- ☐ is required to attend an exceptional or urgent family circumstance
- ☐ is sick, or has an infectious illness.

If you are having difficulty getting your child to attend school regularly please talk to your child's teacher. If your child has to be absent from school for any reason, including arriving late or leaving early, please either tell your child's teacher or an administration officer at our school, or explain the reason by using the MWPS app, phone, email, or written note as soon as possible and within seven days.

**Mrs Wendy Mwanga**

### The PBEL for this week is : Respect

If given a red card from a staff member take the card to the office. Say excuse me, in a clear voice and say it is an emergency.



## Deputy Principal

### Bounce Back Program- Looking on the bright side

Teachers are continuing to teach the Bounce Back program this term with a focus of looking on the bright side. This is also linked to our use of the Learning Pit and Growth Mindset. Over the coming weeks we will share the key messages for parents.

If you think optimistically it means that you expect things to mostly turn out well and you focus on the positives rather than the negatives in a situation. It also means that you understand that setbacks and difficult times happen to everyone but that things get better after a while. Teaching your child to be optimistic will help them to be better equipped to 'bounce back' when they face difficulties, frustrations and problems. It means that when they are faced with a problem they will be more likely to look for solutions rather than giving up and not trying.

### Some key messages to communicate to your child about being optimistic:

#### 1. Look on the bright side.

This means being positive and expecting that things will work out well or get better. When you look on the bright side you believe that good things CAN happen and you don't give up easily.

#### 2. Be a positive tracker.

A positive tracker looks for and points out the good things in themselves, in others, and in what happens in their life. They are more fun to be with and others like them more and want to be their friend.

#### 3. What can I do to help my child look on the bright side?

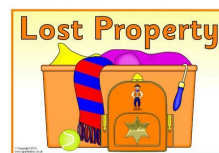
##### Three Good Things in Your Day

Ask your child, 'What were three good things that happened for you today?' With younger children you can do this just before they go to sleep. If they can't think of anything ask them some prompting questions (e.g. Did you have any laughs? Did you enjoy being with anyone? What did you do well?).

### Lost Property

We would appreciate parents checking that their child/children's belongings are labelled with their names and current class. We continue to have an abundance of lost property and it is difficult to return items unless they are labelled clearly. If your child does lose something please remind them to check lost property which is located outside the PC Lab.

Miss Catherine Wyles



## Sydney North Regional Athletics



### Sydney North Regional Athletics: Manly West Students

Name	Class	Event/s
<b>Senior Boys Relay Team</b>		
Zach Rowland	5D	Snr Relay
Ollie Nicol	5J	Snr Relay, 100
Truth Nathanael	6M	Snr Relay
Will Matheson	6T	Snr Relay, Discus, 100, 200
<b>Junior Girls Relay Team</b>		
Talia Black-Berryman	4G	Jnr Relay
Jade Guichon	5M	Jnr Relay, Long Jump
Aly Rounsley	4G	Jnr Relay
Octavia Williams	5M	Jnr Relay, 100, 200, Shot Put, High Jump, Long Jump
Hanna Holmkvist	2H	100
Kaia Kumeroa	3R	100
Chase Perrett	5M	100, 200
Dylan Swanson	6M	High Jump
Luke Black	6C	High Jump

## Kitchen Garden News

In the Kitchen Garden this week...

### Year 4 in the Garden

We are making Japanese pancakes this week called Okonomiyaki, made with cabbage grown in the Kitchen Garden. Yum!!

Reminder, Year 4 students need to bring in an empty jar to build their succulent terrariums in Week 10.

### Garden Library

The garden library is open second half lunch everyday. We are adding new books every week so keep coming back to check them out. If anyone has donations of nature related books, fiction or non-fiction, please cover them and drop them off to the garden shed on Wednesdays and Thursdays.

### Help turning the compost bins and watering the garden

Thankyou so much to my regular helpers!! If you have not signed up already, please sign up to help water the garden and turn the compost bins. Go to SignUp Genius, search for 'Kitchen Garden helpers' under my email address [angie.penn@unswalumni.com](mailto:angie.penn@unswalumni.com)

Are you bringing kitchen scraps from home to add to the school compost bins? There are some rules about what you can and can't add - these include no cooked food, and no plastic. You must also add equal quantities of 'brown' to 'green' scraps otherwise the bins become unbalanced and very smelly. Please check with me if you're unsure what to do or what to add and sign up to help us keep the bins turning. We ask that everyone who is bringing kitchen scraps from home signs up a minimum once per term to help aerate the bins.

### Small-scale Gardening Workshop

This Sunday 9th September I'm running a gardening workshop aimed at beginners. The basics of worm farming and composting will be covered. Bookings are essential, go to

<http://www.permaculturenorthernbeaches.org.au/events/>

**Thanks, Angie Penn and Beth Dowdle**



## Kitchen Garden Bee Hotel

Last Friday, the children of 5F built bee hotels for the Kitchen Garden. Bee hotels are used to attract bees to pollinate our garden and help flora grow. These hotels are called Bee B&B hotels because it is for the bees.

The hotel is their bed and the flower pollen and nectar is their breakfast. The children of 5F enjoyed having a hammer and nail in hand and building our bee hotels. Everyone got the hang of it in the end. After we built the hotels we filled them in with lantana, bamboo, agapantha stems and bark which the bees will hollow out and turn into their homes. We hope the bees love their new hotels and pollinate our garden to help it flourish and grow.

**By Lucy Coelho and Lara Pedersen-Jones**



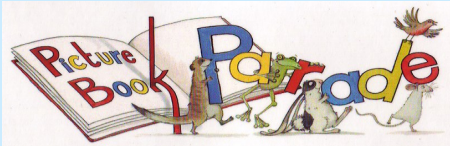


## Library News



Amazing reading has been done by the following fabulous students who have completed the 2018 Premier's Reading Challenge just in time: **Rafferty Lucas** (KPurple), **Aleyna Bilgic** (5D), **Francisca Ferreyra** (5D), **Patrick Yiend** (KSilver), **Samson Carter** (3R), **Summer Sy** (1T), **Zachery Bilgic** (KOrange) and **Amelie Carter** (5J)! If you have completed your reading record online but have not handed it into Mrs. Burke or me, please print it out and bring it to the library for all your prizes and reading fame! **Well done, Manly West Readers!**

Please see below for tomorrow's final deadline for the Production Program Design Competition. There are lots of terrific entries already handed in which will make it extremely difficult for Ms. Mold and I to choose the 4 winners from K-2 and 4 more from Years 3-6!



Sorry for the delay, but mark your calendars as the Manly West Book Parade has been scheduled for **Thursday, November 8<sup>th</sup>, 2018!** This term has proven busier than ever with special events, fundraisers and the production, so we have moved the Book Parade to Term 4, Week 4. We have also decided that this will be the final year to hold a parade during a production year. We will still celebrate Book Week in fun and different ways in production years, so don't worry about that! Just get your brains thinking about which character you will dress up for this year's fanciful parade!

**Happy reading & writing!**  
**Mrs Ellen Swick**



## Manly West on Broadway Program Cover Competition



Do you love art and drawing?

Are you creative and want to see your amazing artwork selected as our Manly West production program cover?

Here's your chance to draw and design 1 of 8 covers of the program.

There are a few things you **must include** in your design. Details about the competition and your artwork are as follows:

It must be submitted on an **A4 sheet of white paper in portrait style**.

It must be drawn in **black and white** so it can be photocopied.

Your heading must be '**Manly West on Broadway**'. You will also need to add the date '**September 2018**'.

All entries due to Mrs. Swick by **Thursday, 6th September 2018**.

***NO LATE ENTRIES ACCEPTED.***

There will be **four winners from K-2** and **four winners from Years 3-6**. Each of the winners will receive **\$5 in canteen vouchers**, plus have their design featured on one of the program covers!

Winners will be announced in Week 8.

**BRAINSTORM YOUR IDEAS, GET CREATIVE, DRAW UP A STORM &  
GOOD LUCK TO ALL!!!**



## Diary Dates



### Thursday 6th September

PSSA Junior Eagle Tag training  
PSSA Tee-Ball training  
1:10 SRC meeting

### Friday 7th September

12:30 K-2 Assembly  
PSSA Senior Girls Eagle Tag training

### Sunday 9th September

10:00am Battle of the Bands—Concert Band at Balgowlah North Public School

### Tuesday 11th September

7:30pm P&C General Meeting

### Wednesday 12th September

Maths Olympiad

### Thursday 13th September

Stella Maris Orientation Day

## Uniform Shop

### Thursday 6th September

8:45-9:45am

### Monday 10th September

2:45-3:45pm

**Natalya Hansson**

**Manly West Uniform Shop Manager**

**Ph: 0403 806 339**



## Chook Roster

### Saturday 8th September

Evans family

### Sunday 9th September

Poutney family



## Canteen News

### Canteen roster for Term 3 2018, week commencing 10 September 2018

#### Monday 10 September

Ignacio Martinic	AM
Ann	AM
<b>VACANCY</b>	<b>AM</b>
Tanya Fenn	PM
Jenny Dean	PM

#### Tuesday 11 September

Sunshine Estivo	AM
<b>VACANCY</b>	<b>AM</b>
<b>VACANCY</b>	<b>AM</b>
Caz Thompson	PM
Jane Allen	PM

#### Wednesday 12 September

Glenys Motler	AM
Marta Mensdorff	AM
Bob Cairns	AM
Jen Bradley	PM
Helen Yardley	PM

#### Thursday 13 September

Lana Squires	AM
Tiane Olive	AM
<b>VACANCY</b>	<b>AM</b>
Tony Falzarano	PM
<b>VACANCY</b>	<b>PM</b>

#### Friday 14 September

Nicole Macnicol	AM
Sarah Hadnam	AM
<b>VACANCY</b>	<b>AM</b>
<b>VACANCY</b>	<b>AM</b>
Natalie Mitchell	PM
Jacqui Liddicoat	PM
Jodie Stacker	PM

#### Friday PSSA and after school

**VACANCY**  
**VACANCY**

The AM shift runs from 9.30am-12pm, and the PM shift from 12-2pm.

You can sign up for shifts using SignUp. Just go to the new address <https://www.manlywestpandc.org.au/volunteer> and click on the Volunteer button. SignUp will send you reminders for your chosen day.

You can also contact us by email [mwcanteen1@gmail.com](mailto:mwcanteen1@gmail.com), call Shona or Yvette on 9948 2257 or come and see us.

### PRICE INCREASES from 10 September

Due to increases in the cost of goods to us and running costs within the Canteen, some items will have a small price increase from 10 September.

Those items which can be ordered for lunch will be adjusted on Flexischools but some are recess and snack items. A complete list is available at the Canteen and will shortly be on the P&C website menu page. **Your child may need more change for recess and after lunch purchases.**

The Canteen aims to provide healthy food at an affordable price. We rely on volunteers to do this and all profits from the P&C run Canteen go back to your school.

### SUGAR FREE FLAVOURED MILK

This will soon be available in the Canteen. It uses Stevia as a sugar substitute and will be the same size and price as the current flavoured milk. There will be three flavours...salted caramel, chocolate and strawberry.

We look forward to seeing you soon!

**Shona and Yvette on 9948 2257**



# Before and After School Care



## CENTRE NEWS

Our Incurtion program continues this week. Reminder: If possible, we would ask parents to collect their children after 5:30pm on the relevant day.

	<b>W/C 3/9 (Week 7)</b>	<b>W/C 10/9 (Week 8)</b>
<b>K-2</b>	Monday – 9D Cinema	Tuesday – Billy Carts
<b>Club 3/4</b>	Tuesday – Fit Kids Sports	Wednesday – Billy Carts
<b>5/6 Club</b>	Wednesday – Billy Carts	Friday – Team Building

Reports from our Room Leaders about some of the other activities this week –

- \* Lauren K-2: This week we will be creating pizza craft, finger puppets, friendship bracelets, shrinkies and our very own BASC little shops. Outdoors we are playing soccer, touch footy, Nippers' games, Octopus and having a treasure hunt.
- \* Felix & Ben 3/4 club: This week we will be greeting spring with some big art competitions and wall decorations. We're also welcoming in the English Premier League season with some football skills and games on the oval.
- \* Annette 5/6 room: There'll be lots of art and craft this week. We'll design our own magnets, have an art class led by an artistically talented staff member, use plastic window paint and attempt to draw with our feet! We'll get outside for games on the oval, Fumbles and continue our prep for the BASC Spring Carnival End of Term Party.

**You can look at the full list of programmed activities and our menus displayed in each room!**

## ABSENCES

To ensure the safety and welfare of the children in our care, **BASC MUST BE NOTIFIED** if a child will be absent from a booked session. Non notification delays our awareness of any legitimate concern for a child's safety. Also, whilst looking for children and contacting parents, our Educators are having less time with the children in their care. Messages can be written ahead of time in each room's 'Parent Message Book' or by email to [admin@mwbasccom.au](mailto:admin@mwbasccom.au) (up to 2pm for the ASC session). We can be contacted at late notice by phone on 9948 8113. There is a Non-Notification of Absence Charge of \$11 (incl GST).

**WE WOULD PREFER NOTIFICATION OF AN ABSENCE AS EARLY AS POSSIBLE SO WE CAN OFFER EMERGENCY CASUAL SPOTS IF NEEDED.**

## Registering With Us

To register your child with us, please visit our centre's site <https://manlywestbascc.hubworks.com.au> and click on 'ENROL'. Enter details and then click 'SUBMIT'.

## **Band News**

Congratulations to Manly West Bands for making the Manly Daily on Saturday. If you did not see the article, it can be found on the school website. [To view click here.](#)

**Thursday 6 September, Concert Band Rehearsal Reminder:** This week's rehearsal will take place from 2.30pm -3.35pm. Drum Sectional tutorial will still take place at 4.30pm.

**Sunday 9 September, Battle of the Bands.** Concert Band will perform at North Balgowlah Public School. Can everyone please arrive at 9.45am at the Hall for warm up, dressed in full band uniform. There will also be a trash and treasure together with lots of food and other goodies.

**Thursday 13 September, Yamaha Workshop with Dr Rob McWilliams,**

**Concert & Performance Band:** A huge THANK YOU to Penny for organising Dr Rob McWilliams who will join the Concert and Performance Bands for a workshop on Thursday morning. Performance Band will be from 8.00-9.00am and Concert Band from 9.00-10.00am.

Dr McWilliams is a highly respected conductor and musician who worked in the United States for 23 years as a musician and educator. He was most recently the Director of Bands and Head of Department at the University of Wisconsin. While in the USA he completed Masters and Doctorate degrees in Instrumental Music Education/ Conducting. He now works for Yamaha Music as an educator. Our students are extremely lucky to be able to tap into his knowledge and will benefit greatly from this wonderful opportunity.

**September 17-20, Production Week:** A reminder that there will be NO afternoon rehearsals during Production Week. All morning rehearsals will be at the usual time but will be held in the Year 6 classrooms (6T) at 8.00am as usual.

**Outstanding Invoices:** Band Invoices are now OVERDUE. If you have not paid yours please do so through Flexischools or via EFT. Please contact Nicole Macnicol at [band@manlywestpandc.org.au](mailto:band@manlywestpandc.org.au) should you have any questions.



MANLY  
WEST  
P+C

LET'S KEEP MANLY WEST THE BEST!

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# GENERAL MEETING

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ALL WELCOME TO ATTEND

SEPT 11, 2018 | 7.30PM  
SCHOOL LIBRARY

MORE INFO AT  
[WWW.MANLYWESTPANDC.ORG.AU](http://WWW.MANLYWESTPANDC.ORG.AU)





**THANK YOU FOR  
SUPPORTING THE  
FATHER'S AND  
CARER'S DAY STALL  
WE RAISED  
\$4595**

## FATHER'S AND CARER'S DAY STALL

MW's inaugural Father's and Carer's Day Stall was a huge hit amongst the school community.

The students were enthusiastic and eager to see what goodies were available to purchase, browsing the tables and asking the volunteers about the items on offer.

The teachers were wonderful helping the kids decorate their bags and providing inspiration as the students lined up patiently to make their selections.

Many thanks to the team who organised the stall — Audrey Watson, Nicole Macnicol, Marie-Claire Johnston, Cassie Matheson, Tom Hutton and Tracey Martin — and a very big thank you to all the volunteers who helped make this such a fun and successful event.

A special mention to Year 6 students Naomi Ainsworth and Ellen Watson for keeping the roster running so smoothly.





## THANK YOU MANLY WEST for supporting our fundraising events



### BLUE LIGHT DISCO

Tickets, auctions and raffles

**We raised  
\$6253**



### FATHER'S AND CARER'S DAY STALL

**We raised  
\$4595**