



MANLY WEST MINI MATTERS WEEK 9 TERM 3 Wednesday 19th September, 2018

WEBSITE: <http://www.manlywest-p.schools.nsw.edu.au> EMAIL: manlywest-p.school@det.nsw.edu.au P&C www.manlywestpandc.org.au

Principal Message

Diary Date:

Monday 24th September: Year 3 and 5 NAPLAN results will be sent home on Monday with students for parents.

Monday 22nd October 7:00pm, Cyber Safety Parent Workshop by Dr Kristy Goodwin.

Production –Manly West on Broadway

Congratulations to our students and staff for the outstanding production this week. Thank you particularly to Amber Krilitch for her amazing choreography incorporating elements of drama throughout the performances. Thank you to Christy McMaster as Writer and Producer and Bonnie Cleary and Nicole Tinsley as Directors. Thank you to all the staff who organised the sound, lighting, stage and hall props and decorations, costumes, programs, timetables, schedules and much more. The student crew and cast also contributed enormously with time, energy and talent. Thank you to every student who aspired to reach incredibly high expectations with their performances and passion. Strong messages to students, staff and parents about the importance of a balanced life, resilience, peer pressure, loyalty with friendships and working collaboratively were cleverly threaded throughout the production. Thank you to all the parents for your fabulous assistance and beautiful letters of support. Well done everyone!

Staff News

Congratulations to Mrs Karen Gaynor who has recently been appointed permanently at Manly West PS. Mrs Gaynor brings a wealth of experience to our school and we are thrilled with this appointment. We thank Virginia Esparraga for her music expertise for our K-6 classes. She will be studying Advanced Studies in Music and Dance in Salzburg in 2018-2019. Miss Alicia Lee will be teaching her classes this year. We wish Miss Martz and Miss Ekas all the best with their upcoming weddings and Miss Sasha Worsnop and her family all the best with the birth of their child.

NSW Athletics Carnival

Congratulations to the selected students who competed at the Regional Athletics last Monday at Homebush. Will Matheson, Truth Nathanael, Zach Rowland and Ollie Nicol formed the Boys Relay Team at the Regional Athletics and will now compete at State Level. Congratulations to Octavia Williams who will also compete at State Level in the Shotput.

Premier's Debating Challenge

Congratulations to the Manly West Gold Debating Team. They won their debate and will now compete at the Regional Finals next Wednesday 26th September. See Page 3 for further further information and photo.

Primary Proms

Congratulations to the Junior Choir who performed beautifully at the Town Hall last night. Thank you to Miss Esparraga, Mrs Lutton and all the parents for their support.

Student News

Congratulations to Ryder Hadnam who was selected in the U11's UTS Northside Futsal Team. Congratulations to Zander Highland and Kasper Lowe who were selected for the Manly Warringah Representative Baseball Team U11/12.

Mrs Julie Organ



IN YOUR COMMUNITY
Georgi Bates | 0409 171 926

Cunninghams

Deputy Principal



ICAS English Competition Results Years 3 - 5

Congratulations to all of our students who participated in the ICAS English Competition. The following students who received A Merit, Credit, Distinction or High Distinction are as follows:

Year 3

Merit: Hamish Barton

Credit: Catriona Bowring, Sully Grell, Cruz Langridge, Harvey Matheson, Felicia Young,

Distinction: Orla Beacham

High Distinction: Lachlan Holley.

Year 4

Merit: Summer Opadchy, Connor Singleton, Sophie Stacker,

Credit: Madeline Corney, Lucy Edmonds, Hannah Hokins, Elizabeth Kerr, Will Procter, Bronte Sholl

Distinction: Scarlett Macnicol, Alessandra Rounsley.

Year 5

Merit: Zoe Burke, Alice Yardley

Credit: Rose Quinn, Jack Kirk, Aleya Bilgic, Charlotte Blenkhorn, Hannah Cooper-Larson, Anna Gillies, Hannah Grant, Cameron Green, Hudson Grell, Nicholas Kelly, Gabriel Lucas, Lara Pedersen-Jones, Iris Watt,

Distinction: William Hough, Emily Alver, Tim Verwohlt.

School Swimming Years 3-6 Term 4 Weeks 1 and 2

Each year during Term 4, Manly West participates in the Department of Education's Swimming Scheme. This is a two week intensive swim program which develops water confidence and provides students with water safety and survival skills. All of Year 2 participate in the program. Students in Years 3-6 who have not reached a satisfactory standard and cannot swim 25m in deep water confidently unaided would benefit from this opportunity. The two week program will run from Monday 15th October until Friday 26th October 2017. Further information regarding the times for each class will be sent home. If your child is in Years 3-6 and you would like your child to participate in the program please access a permission note from the school website. Please return notes to Miss Wyles by the end of the term.

Bounce Back Program- Looking on the bright side

Some key messages to communicate to your child about being optimistic.

It's important to stay hopeful when you have unhappy times.

You will get over unhappy times in your life more easily if you stay hopeful that good things will happen again and things will get better. If you stay hopeful then you don't give up.

Be thankful and grateful.

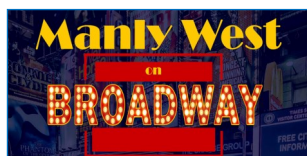
Being thankful for the nice things people do for you and the good things that happen in your life can help you to feel happier. Letting people know that you are thankful or grateful for how they have supported and cared about you also makes them feel happy too.

What can you do to help your child look on the bright side?

Showing gratitude

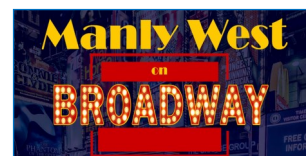
Encourage your child to say thank you to someone who has done something nice for them (e.g. by sending a note or card, text, email or by ringing them).

Miss Catherine Wyles



The PBEL for this week is **Aspire:**

Rehearse your dance or item and make sure you have everything you need for your performance.



Deputy Principal

Kindergarten Enrolments for 2019

If you have a child starting school next year and have not yet completed an enrolment form, please do so before the end of term. We need enrolment details to organise orientation classes. The dates for the 2019 Kindergarten Transition to School program follow.



2018

Thursday 1st November 6pm – 7pm

Wednesday 7th November 9:45am – 11:00am

Tuesday 13th November 9:45am -11am

Kindergarten Information Evening (for parents)

Orientation One

Orientation Two (students attend both orientations)

2019

Tuesday 29th January-Fri 1st February

Best Start Assessments (30 min session with teacher)

Thursday 31st January 9:45am -12pm

Transition Morning

Monday 4th February 9:45am start, 2:30pm finish

First Day of the First Week of School for Kindergarten

Tuesday 5th February -Friday 15th February
9:20am start, 2:30pm finish

Start the School Day on Regular School Bell

from Monday 18th February
9:20am start, 3:20pm finish

Regular School Hours

Mrs Wendy Mwanga

Debating News

MANLY WEST MAKE REGIONAL DEBATING FINALS

On the 18th of September the Manly West Gold Team, made up of Year 5 students, competed in the Zone Final of the Premier's Debating Challenge. The team of Lucy Coelho (first speaker), Rosie Quinn (second speaker), Charlotte Blenkhorn (third speaker) and Hannah Grant (team advisor) debated the topic that, "Sports players who cheat should be banned for life."

The girls competed exceptionally well on the affirmative side against the Balgowlah Heights Team. We are extremely excited to see them debate at the Regional Finals on September 25th. They are a strong team who display outstanding thinking and an ability to deliver and rebut arguments beyond their year level.

Congratulations and Good luck.

Mrs Coningham - Debating Co-ordinator



Kitchen Garden News

In the Kitchen Garden this week...

Year 4 are working on garden jobs this week, maintaining worm farms, turning compost and watering with worm juice. We are also continuing to make beeswax wraps and collect glass jars for the terrariums which we will be making in Term 4.

Year 1: Classes have been coming into the garden over the last week to learn more about bush tucker in the Bush Tucker Garden.

Can you help?

Can you spare some time to help turn the compost bins and water the garden over the holidays? Spring has well and truly sprung and with it comes the warmer weather and this means watering is even more important than usual. Please go to SignUp Genius and search under my email address angie.penn@unswalumni.com for "kitchen garden helpers".

If you are bringing kitchen scraps in from home to add to the school compost bins, please note you need to join the roster to help turn/aerate the bins. If you are unsure what to do, then sign up on a day that suits you and then come and see me in the garden on Wednesday or Thursday and I can show you. Alternatively you can email me for details.

Thanks, Angie Penn and Beth Dowdle

Diary Dates

Thursday 20th September

PSSA Junior Girls Eagle Tag training
PSSA Junior Boys Eagle Tag training
PSSA Tee-Ball training
PSSA Newcombe Ball training
Manly West Production final performances

Friday 21st September

12:30pm Summer PSSA Round 5
K-2 Assembly cancelled

Saturday 22nd September

7:00pm NSSWE Music Festival - Performance Band
@ The Concourse, Chatswood

Monday 24th September

Year 3 & 5 NAPLAN results sent home

Wednesday 26th September

Premier's Debating Challenge Regional Finals



Uniform Shop

Thursday September

8:45-9:45am

Monday 1 September

2:45-3:45pm

Natalya Hansson

Manly West Uniform Shop Manager

Ph: 0403 806 339



Chook Roster

Saturday 22nd September

Petrie family

Sunday 23rd September

Fighera family



Before and After School Care

OUTDOOR LEARNING AREA

We are pleased to finally have access to the developed outdoor space between the New and Old BASC buildings! This area was funded by BASC and will soon be enhanced by the inclusion of landscaping and greenery. We will be utilising this area for passive play such as group games and drama as well as using for afternoon tea.



CENTRE NEWS

Our Incursion program is not on this week due to the school production. Next week we will be having a Spring Market on Friday.

Reports from our Room Leaders about some of the other activities this week:

- Lauren: This week in the K-2 Room we will be drawing our class on stage during the performance, playing 'Guess that Poo', clay hand prints, go for your life craft and a paper plane decorating/flying comp. Outdoors we are playing Soccer, Touch Footy, Fruit Salad, Kick Tennis and Bin Ball.
- Ben & Felix 3/4 club: This week we will be utilising our new space outside the room, playing some games and getting to know the new features! We have plenty of craft activities with friendship bracelet making, some Mandala drawing and Spirit Animal Creations. We'll also be enjoying the spring weather with Capture the Flag on the oval as well as some cricket games to welcome in the cricket season!
- Annette 5/6 room: This week we will try some new group games including Scissor/Paper/Rock hoop game and grab the finger. We'll also play frisbee on the oval, have a fashion challenge and make bracelets.

You can look at the full list of programmed activities and our menus displayed in each room!

Band News

Last Thursday, the Concert Band and Performance Band were treated to a fantastic workshop with Dr Rob McWilliams from Yamaha. He offered some amazing strategies for enhancing our performances. Thank you to Penny for organising.

The Band Committee would like to say THANK YOU and farewell to Miss Esparraga who has been our teacher liaison for our 4 bands. She is going to Austria to study an Orff Music program which is style of classroom music which includes tuned percussion and movement.

Saturday 22nd September, NSSWE Concert, Concourse Theatre, Chatswood, Performance Band: A reminder to parents that students will be performing at the 7:00pm Concert on Saturday evening. If you have not already purchased tickets please do so in advance <http://premier.ticketek.com.au/shows/show.aspx?sh=SPRINGMU18>

Friday September 28, Sectional Tutorials: Please note ALL sectional tutorials for next Friday ONLY are cancelled.

Outstanding Invoices: Band Invoices are now OVERDUE. If you have not paid yours please do so through Flexischools or via EFT. Please contact Nicole Macnicol at band@manlywestpandc.org.au should you have any questions.



Canteen

Canteen roster for Term 3 2018, week commencing 24 September 2018

Monday 24 September

Bob Cairns	AM
VACANCY	AM
VACANCY	AM
Denise Imwold	PM
Sharon Newman	PM

Tuesday 25 September

Nicola Bird	AM
Lyn Martin	AM
Andre Migliari	AM
Danielle Oerlemans	PM
Jane Allen	PM

Wednesday 26 September

Glenys Motler	AM
Gina Moore	AM
VACANCY	AM
VACANCY	PM
VACANCY	PM

Thursday 27 September

Lara Dunford	AM
Bob Cairns	AM
VACANCY	AM
Allison Ballantyne	PM
Alison Gracia	PM

Friday 28 September

Larissa Stephenson	AM
Sarah Hadnam	AM
Ignacio Martinic	AM
Sandra Shepherd	AM
Kate Mooney	PM
Tanith Carroll	PM
VACANCY	PM

Friday PSSA & after school

VACANCY
VACANCY

The AM shift runs from 9.30am-12pm, and the PM shift from 12-2pm.

You can sign up for shifts using SignUp. Go to the new address <https://www.manlywestpandc.org.au/volunteer> and click on the Volunteer button. SignUp will send you reminders for your chosen day.

You can also contact us by email mwcanteen1@gmail.com, call Shona or Yvette on 9948 2257 or come and see us. NEED HELP Monday am and Wednesday pm.

PRICE INCREASES

On 10th September the price of some items sold by the Canteen increased. See page 6 for information. They are also available on the updated Canteen menu on the P&C website.

The Canteen is a not for profit service run by the P&C for the benefit of the school. Prices have changed to reflect increases to us and in some cases, the serving sizes, such as for carrot sticks and crackers, have increased with a corresponding change in price. All surpluses from the Canteen ultimately get donated to the school as part of the P&C support to the school.

Should you have any specific questions these can be addressed to the Canteen by email and we will ask the P&C to respond.

FOOD SHARING

Please ask your child not to buy items for other children. They may have allergies of which they are unaware.

We look forward to seeing you soon!

Shona and Yvette



COLD ITEMS

Quelch	\$0.80
Pineapple rings	\$0.80
Frozen juice cups	\$0.80
Slushies	\$2.50


SNACK ITEMS

Bouncy balls	\$1.00
Fingerbun	\$1.50
Crackers (6)	\$0.50
Carrots (5)	\$0.50
Breadsticks (1)	\$0.20
GF Arrowroot(1)	\$0.40
Popcorn	\$1.20


RECESS

Pizza sub	\$1.50
Other recess items like garlic bread	\$1.50


MAIN COURSES

Tuna sandwich	\$4.00
Egg Sandwich	\$4.00
Add egg or Tuna to salad	\$1.00
Gluten free Beef lasagna	\$5.50
Bolognese	\$5.50
Butter Chicken	\$5.50
Good Food Hero	\$5.50
Spinach Ricotta	\$3.50



MANLY WEST CANTEEN

VOLUNTEER

Good food and good company

sign up here

No experience required!
Mornings or afternoons available

mwcanteen1@gmail.com

Raising Your Child in a Digital World

WITH
Dr Kristy
GOODWIN



Are you worried about:
cyber safety • digital wellbeing •
social media risks • screen addiction •
techno-tantrums?



Dr Kristy Goodwin is a leading digital parenting educator and will explain all these things and more, including helping you determine how much screen time is healthy and why your child finds it hard to switch off from screens.

PARENT SEMINAR DETAILS

Monday 22nd October 2018

7pm–9pm

Manly West Public School

Parents and carers of children aged 4-12 years old

\$10 per person

www.trybooking.com/YEOK

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MANLY
WEST
P+C

ONE YEAR TO GO!



That's right only one year to go until
the **BIGGEST AND BEST CARNIVAL** is back at
Manly West

AND WE NEED A TEAM!

Are you dedicated, enthusiastic and love being part of a team?
Grab some mates and do something **AMAZING!**

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CARNIVAL COMMITTEE

CARNIVAL SUB-COMMITTEES

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You'll be given loads of support, there's hand over notes,
briefing sessions and more.

Absolutely no previous experience required!

For more information or to sign up, please email events@manlywestpandc.org.au